



*Canadian Association of
Naturopathic Doctors* | *Association canadienne des
docteurs en naturopathie*

Naturopathic Medicine in Canada

2010

Preface

This publication is intended to be a quick resource informing naturopathic stakeholders about the tremendous growth and current state of naturopathic medicine in Canada. We hope to stimulate interest in all areas of naturopathic medicine and encourage you to get involved.

In Canada, the naturopathic medical profession's infrastructure includes accredited educational institutions, professional licensing boards, professional associations and naturopathic foundations, national standards of practice, participation in many federal health committee initiatives, and a commitment to state-of-the-art scientific research. This publication provides a brief introduction to each of these areas and contact information where appropriate should you require more information.

Dr. Tanya Gokavi, ND and Dr. Kent Bailey, ND pioneered the first edition of *Naturopathic Medicine in Canada* in 2001. Dr. Deborah Kennedy, ND, Dr. Sonya Nobbe, ND and Dr. Sigrid Grobys, ND demonstrated invaluable skill in assisting the CAND with the collation and interpretation of data for our 2004, 2006 and 2008 editions of the book.

We would like to thank Dr. Deborah Kennedy, ND and Dr. Erin Truscott-Brock, ND for their research assistance and technical advice with *Naturopathic Medicine in Canada* 2010.

We invite you to contact the CAND with any suggestions for future editions of *Naturopathic Medicine in Canada*. Please help to make this your resource.

Alex McKenna, CAND Marketing and Publications
Stuart Watson, CAND Operations and Member Services

May 2010

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MISSION STATEMENT

The Canadian Association of Naturopathic Doctors has been the naturopathic profession's national association since 1955. We work together to:

PROMOTE and develop the science, art, philosophy and practice of naturopathic medicine.

EDUCATE the general public concerning the benefits to be derived from naturopathic medicine and to publish and disseminate information to this end.

UNITE, for their mutual interest, naturopathic physicians in Canada and to promote scientific interest and investigation in the field of naturopathic medicine.

FOSTER and encourage professional, educational and social activities among the members of the Association.

ENCOURAGE the standardization of educational requirements for practitioners of all healing arts and to support the highest standards of professional training, competency and qualifications of naturopathic physicians.

ACQUIRE and hold assets for the benefit of the membership and to promote the association.

CARRY OUT the above activities at the national level and to assist or collaborate with constituent associations in matters of mutual interest.

MEMBERSHIP AND NATIONAL BENEFITS

Membership with the Canadian Association of Naturopathic Doctors is automatic with provincial association membership in the following provinces: British Columbia, Alberta, Saskatchewan, Manitoba, New Brunswick, Nova Scotia and Prince Edward Island. In other provinces, qualified naturopathic doctors can apply for membership directly through the CAND office.

For more information about any of the membership benefits provided by the CAND please call us at 1.800.551.4381 or e-mail info@cand.ca.

Insurance Coverage

Professional Liability Insurance: Partners Indemnity Insurance Brokers

Visit www.partnersindemnity.com or call Daniel Bersek at 1.877.427.8683/e-mail cand@partnersindemnity.com

- Excellent malpractice, liability and commercial insurance rates for ND members and their clinics.
- Up to a 5% loyalty discount for renewing policy holders.
- Small business package to meet the needs of independent NDs who may operate out of a number of different locations including their home office.

Group Home and Auto Insurance: Aviva Traders

- One of Canada's largest group insurance companies.
- Up to a 30% discount over other companies.
- For more information on Aviva Traders Home and Auto Insurance program, or for a free no-obligation quote, call toll-free 1.877.787.7021 or visit www.avivacanada.com

Employee Benefits: MediDirect® Inc.

Visit www.medidirect.ca or call 1.866.534.5162

- Health Spending Accounts; Administrative Services Only (Claims Adjudication); Health and Wellness Accounts; Benefit Programs; Insurance - Critical Illness, Long Term Disability, Catastrophic Medical and International Travel.
- Discounted \$100.00 set up fee for CAND members or a transfer from other private health services plans at no charge!

Extended Health, Term Life and Long Term Disability

The CAND, in partnership with PPI Financial Group and Philip Howe and Associates, has launched a plan offering members a range of extended benefits, including health and dental, long-term disability, life and critical illness insurance. Members may contact the CAND for complete details.

IQAir® discount program

The world's most advanced air purifiers. Transform your space into a pure air sanctuary.

Visit www.insideair.ca or call Derek Thompson at 905.285.0244/e-mail dthompson@insideair.ca

IQAir® is a Swiss manufacturer of the world's #1 rated air purifiers and the most-used air cleaning brand in hospitals worldwide.

Exclusive to CAND members:

- 15% discount on all IQAir® products available at www.insideair.ca
- Free shipping within Canada

Business support

Point of Sale: Chase Paymentech Solutions

Visit www.chasepaymentech.ca or call 1.877.552.5533.

Exclusive provider of merchant services for CAND members, offering:

- Visa rates starting at 1.69%* and MasterCard rates starting at 1.79%*
- Interac transactions: from \$0.094*
- \$50.00 application fee waived*
- Direct deposit to bank of your choice
- Low rates for equipment rental

* Rates and offers subject to further terms and conditions

Promotional items

Naturopathic Medicine Brochure

This professional full-colour brochure is great as a general handout on naturopathic medicine or for use with potential and existing patients, providing space for your contact information. Available in English and French.

Other promotional items include:

- Standard and personalized CAND prescription pads – available in two sizes
- Borrow CAND booth display panels for health fairs and on-site promotion (restrictions may apply)
- 'buildingHealth' brochures – 12 subjects to choose from: Naturopathic Medicine, Homeopathic Medicine, Breathing, Fatigue, Healing with Water, Healthy Habits, Immune Support, Insomnia, Nutrition, Skin Care, Stress and Water
- Window sticker: *Naturopathic Medicine, Safe Effective Health Care*

Publications and subscription discounts

Vital Link professional print journal, distributed three times a year. Published primarily for CAND members and features detailed reviews of specific causal factors: philosophical and research-based papers, clinical practice articles and case reviews, as well as international updates on the profession. Has an outreach to other health care professions and promotes qualified naturopathic doctors to

corporations, insurance companies and the Canadian government. CAND members entitled to submit one complimentary classified ad per issue.

E-Link electronic newsletter, distributed monthly. Keeps profession up-to-date with upcoming conferences, research opportunities, government affairs, general health news and employment opportunities. Members are entitled to submit a free classified ad.

Annual Membership Directory provides members with a clinic listing and contact info for colleagues across Canada, the current corporate members, approved naturopathic medical schools, regulatory boards and provincial associations.

Naturopathic Medicine in Canada: biennial statistical publication provided to all graduating students of CCNM and BINM.

Subscription discounts:

- *Townsend Newsletter*: receive three complimentary issues with each one year subscription. Two-year subscriptions receive six free issues.
- *Journal of Orthomolecular Medicine*: 10% discount on both journal and annual conference.

Naturopathic guides and position papers

CAND produces position papers to provide guidance and encourage debate and interest on health and other issues affecting the profession. Both practitioner and public position papers are available for download at www.cand.ca (for practitioner papers, login to members-only section). See back of this book for topic list.

CAND head office and toll-free referral line

CAND's daily business activities are administered out of our office in Toronto. Your concerns, ideas and suggestions are welcome. Staff respond daily to requests from our members, the public, government, and media for information about naturopathic medicine, and provide referrals to naturopathic doctors across Canada. The CAND's comprehensive national database of all qualified NDs in regulated and unregulated provinces is used extensively by the insurance industry to verify credentials. The national toll-free referral line provides the public with referrals to NDs across Canada and access to information about naturopathic medicine.

Website – www.cand.ca

Naturopathic doctor members receive a practice listing on our website, which is available to the public through our online search/referral service. The members-only section of the CAND site provides members with useful downloads, including shared office documents/forms, business plan templates, protocols, provincial association and regulatory board news and direct links to program providers. The public side of our website is bilingual.

Public relations

ND members receive brochures and promotional material at cost through the CAND office. The Association develops and implements public relation strategies, coordinates publication of

information supplements, and distributes information packages to the government, the public, insurance companies, corporations and allied professions. The CAND also coordinates ND participation at national health care conferences, conventions, and forums.

Government relations

CAND provides a political link between the profession and the federal government. We coordinate the participation of qualified NDs in current regulatory reform, and lobby federal Ministries, all political parties, and the Canada Revenue Agency on behalf of naturopathic doctors.

Annual General Meeting

Member NDs have the right to participate in committees and stand for election to the managing Board of Directors. They may vote at the Annual General Meeting or any special meetings called by the Board. This annual meeting brings together NDs in an environment where strategies concerning the future direction of the profession can be examined. This meeting also supports networking opportunities among colleagues and recognized business professionals.

Health Fusion National Conference

Plans are well underway for the CAND's fourth Health Fusion conference to be held in Calgary, Alberta in June 2011. The theme is "Environmental Medicine: From Microscopic Understanding to Macroscopic Application." Health Fusion is a biennial multidisciplinary, collaborative medical conference attended by health care professionals from across North America. The conference provides an excellent opportunity for various branches of the medical community to network and gain valuable current clinical information and continuing education credits in an open environment. CAND members receive discounted registration rates for our conference. Stay tuned to www.cand.ca for information.

Naturopathic Medicine Week

At the beginning of May each year, NDs from across Canada celebrate Naturopathic Medicine Week (NMW). NMW provides NDs and naturopathic medical students with a terrific opportunity to connect with their communities, increase public awareness of naturopathic medicine and attract new patients. NDs offer free presentations at community venues and in their own clinics about natural medicine, health promotion and disease prevention. The CAND works to nationally promote NMW together with the regional naturopathic organizations and representatives. We offer support material in the members-only section at www.cand.ca and list NMW events on our website for perusal by the public. Naturopathic Medicine Week is listed on the Health Canada Calendar of Health-Related weeks and in 2010 was announced in the House of Commons by BC MP Joyce Murray.

Canadian Naturopathic Coordinating Council (CNCC)

The Canadian Naturopathic Coordinating Council (CNCC) was organized by the CAND in the early months of 2007. It consists of at least one member from each of the provincial naturopathic associations, regulatory board, naturopathic schools and the Canadian Naturopathic Foundation. Its goals are to be a platform for the sharing of information, ideas and concerns, to coordinate efforts for the advancement of the rapidly-growing profession, to strategize on ways to address common concerns, such as regulatory efforts and public education, to keep stakeholders aware of national and provincial initiatives and to share resources and avoid duplication.

CAND BOARD OF DIRECTORS AND STAFF 2010

The CAND is made up of a maximum of 11 directors. An effort is made to ensure regional representation on the Board.

Chair	Dr. Jason Boxtart, ND	Prince George, BC
Vice Chair	Dr. Patricia Wales, ND	Calgary, AB
Treasurer	Dr. Leshia Ferguson, ND	Swift Current, SK
Secretary	Dr. Jodi Meacher, ND	Vancouver, BC
Director	Dr. Blossom Bitting, ND	Dieppe, NB
Director	Dr. Anne-Hélène Genné, ND	Montreal, QC
Director	Dr. Lowell Greib, ND	Huntsville, ON
Director	Dr. Melanie Leppelmann, ND	Selkirk, MB
Director	Dr. Jennifer Salib Huber, ND	Halifax, NS
Director	Dr. Meghan Walker, ND	Toronto, ON
CCNM Student Representative	Marie-Andree Nowlan	Toronto, ON
BINM Student Representative	Andrew Eberding	Vancouver, BC
Executive Director, Director of Government Relations	Shawn O'Reilly	Toronto, ON
Marketing and Publications	Alex McKenna	Toronto, ON
Manager, Finance	Heather Fleck	Toronto, ON
Operations and Member Services	Stuart Watson	Toronto, ON

WHAT IS NATUROPATHIC MEDICINE?

Naturopathic medicine is a distinct system of primary health care utilizing lifestyle modification, natural therapies and the prescribing and/or administering of preparations and medicines to support and stimulate the body's innate ability to heal. Naturopathic medicine addresses the structural, functional, psychological, spiritual and environmental aspects of health to assess, diagnose and treat the root causes of illness and to promote wellness.

The range of modalities available to naturopathic doctors allows them to develop a truly holistic, individualized treatment plan for every patient. These modalities include clinical nutrition, botanical medicine, physical medicine and manipulation, homeopathy, Asian medicine including acupuncture, and prevention and lifestyle counselling. Some naturopathic doctors obtain additional training in IV therapy, chelation therapy, minor surgery, and colon hydrotherapy.

Naturopathic doctors are guided by six principles. This set of principles outlines the naturopathic approach to health and healing and forms the foundation of this distinct system of health care:

First Do No Harm (*Primum Non Nocere*)

Naturopathic doctors use methods and medicinal substances that minimize the risk of harmful side effects and avoid the harmful suppression of symptoms.

The Healing Power of Nature (*Vis Medicatrix Naturae*)

Naturopathic doctors work to restore and support the powerful and inherent healing ability of your body, mind and spirit.

Identify and Treat the Cause (*Tolle Causam*)

The primary goal of your naturopathic doctor is to determine and treat the underlying cause of illness rather than simply managing or suppressing the symptoms. Symptoms are viewed as expressions of the body's natural attempt to heal.

Treat the Whole Person

Each person is unique and requires individualized care. Disease affects the entire person, not just a specific organ or system. Your nutritional status, lifestyle, family history, feelings, environmental stresses, and physical health are all carefully evaluated and addressed.

Doctor as Teacher (*Docere*)

Naturopathic doctors assist their patients' understanding of health and illness and encourage them to maintain their own health. They acknowledge the therapeutic value inherent in the doctor-patient relationship.

Disease Prevention and Health Promotion

Naturopathic doctors apply all of the above principles in a proactive form of disease prevention and health promotion. They assess risk factors and hereditary susceptibility to disease and make appropriate interventions to prevent illness. The capacity for optimum wellness or an improved quality of life is inherent in every body.

ACCREDITATION AND LICENSING

Council of Naturopathic Medical Education (CNME)

Dr. Rita Bettenburg, ND, President
Dr. Daniel Seitz, JD, EdD, Executive Director
P.O. Box 178
Great Barrington, Massachusetts, USA 01230
t. 413-528-8877 f. 413-528-8880 To contact CNME via e-mail visit www.CNME.org.

The Council on Naturopathic Medical Education's mission is to ensure the high quality of naturopathic medical education in the United States and Canada through the voluntary accreditation of four-year, graduate-level programs that lead to the Doctor of Naturopathic Medicine (ND or NMD) diploma or degree. Students and graduates of programs that are accredited by – or have candidacy status with – CNME are eligible to take the Naturopathic Physicians Licensing Examinations (NPLEX) administered by the North American Board of Naturopathic Examiners (NABNE), and to become licensed in those Canadian provinces and U.S. states that recognize the profession of naturopathic medicine.

CNME also approves sponsors of naturopathic residency programs and issues certificates to naturopathic physicians who complete an approved residency.

CNME was incorporated in 1978 and is recognized as an accrediting agency by the U.S. Secretary of Education. CNME is a member of the Association of Specialized and Professional Accreditors and of the Association of Accrediting Agencies of Canada. The CNME board of directors consists of three representatives from accredited naturopathic programs, four to six naturopathic physicians, and two or three public representatives. Comprehensive information on CNME's accreditation standards and policies can be found in the Accreditation Handbook, downloadable from the CNME website.

North American Board of Naturopathic Examiners (NABNE)

Dr. James Spring, DC, ND, President
Christa Louise, MS, PhD, Executive Director

321 - 9220 SW Barbur Blvd., Ste. 119
Portland, Oregon, USA 97219-5434
t: 503-778-7990 f. 503-452-3943
info@nabne.org www.nabne.org

NABNE is a non-profit organization established in 1999. Its purpose is fourfold:

1. To set policies regarding the qualifications of applicants to sit for NPLEX examinations.
2. To set policies regarding the administration of the NPLEX examinations.
3. To verify the qualifications of applicants to take the NPLEX examinations.
4. To administer those examinations at testing sites in the United States and Canada.

Applicants wishing to take the NPLEX (Part I - Biomedical Science or Part II - Clinical Science) examinations must apply to NABNE.

Naturopathic Physicians Licensing Examinations (NPLEX)

Dr. Paul Saunders, PhD, ND, DHANP, President
Christa Louise, MS, PhD, Executive Director

321 - 9220 SW Barbur Blvd., Ste. 119
Portland, Oregon, USA 97219-5434
t: 503-778-7990 f: 503-452-3943
npdex@nabne.org www.nabne.org

The NPDEX Council of Exam Chairs oversees the exam development process. NPDEX has been producing criterion-referenced examinations since 1986. There are two parts to the NPDEX. The NPDEX Part I -Biomedical Science Examination integrates anatomy, physiology, biochemistry and genetics, microbiology and immunology, and pathology into a single examination. The NPDEX Part I Examination assesses whether the student has the background science knowledge needed for entry into the clinical training phase of the naturopathic medical program. NABNE requires successful completion of the Part I - Biomedical Science Examination before the graduate is allowed to take the NPDEX Part II - Clinical Science Examinations.

The PART II Clinical Science Examinations test the candidate's knowledge of topics relevant to the practice of naturopathic medicine. Passage of the NPDEX Part II - Core Clinical Science Examination is required for licensure/registration in Alaska, Arizona, California, Connecticut, District of Columbia, Hawaii, Kansas, Maine, Minnesota, Montana, New Hampshire, Oregon, Utah, Vermont, Washington, Puerto Rico, British Columbia, Alberta, Saskatchewan, Manitoba and Ontario.

There are two Clinical Science Elective Examinations that are required in different combinations in different states and provinces. Each jurisdiction also requires its own jurisprudence examination.

Successful completion of NPDEX is only one aspect of the requirements to become licensed/registered in any of these jurisdictions, and passing NPDEX does not guarantee that the examinee will be licensed/registered.

NATUROPATHIC MEDICAL EDUCATION

The CAND recognizes the following CNME accredited programs:

**Canadian College of Naturopathic
Medicine**

1255 Sheppard Ave. East (at Leslie)
North York, ON M2K 1E2
t: 416-498-1255 f: 416-484-6821
Clinic: 416-498-9763
www.ccnm.edu

**Boucher Institute of Naturopathic
Medicine**

Suite 300, 435 Columbia Street
New Westminster, BC V3L 5N8
t: 604-777-9981 f: 604-777-9982
www.binm.org

Bastyr University

14500 Juanita Drive Northeast
Kenmore, Washington 98028-4966
t: 425-823-1300 f: 425-823-6222
www.bastyr.edu

**University of Bridgeport College of
Naturopathic Medicine**

60 Lafayette St.
Bridgeport, Connecticut 06601
t: 203-576-4109 f: 203-576-4107
www.bridgeport.edu

**National College of Naturopathic
Medicine**

049 South West Porter Street
Portland, Oregon 97201
t: 503-499-4343 f: 503-499-0022
www.ncnm.edu

**Southwest College of Naturopathic
Medicine and Health Sciences**

2140 East Broadway Road
Tempe, Arizona 85282
t: 480-858-9100 f: 480-858-9116
www.scnm.edu

The CAND recognizes the following institution as having been granted accreditation candidacy status by CNME:

**National University of Health Sciences
Naturopathic Medicine Program**

200 E. Roosevelt Road
Lombard, Illinois 60148
t: 800-826-6285 f: 630-889-6600
www.nuhs.edu

Initial candidacy was granted in March 2008. The university has institutional accreditation with the Higher Learning Commission, a nationally recognized regional accrediting agency.

CANADIAN COLLEGE OF NATUROPATHIC MEDICINE

By: Sarah Goulding, 2009-10 NSA-CAND Representative

After three decades of development and innovation, the Canadian College of Naturopathic Medicine continues to grow. We now host 511 students, 100 faculty members, and almost 110 staff.

Our first, second and third year students are acquiring clinical experience earlier, and in addition to their clinical practice in CCNM's on-site clinic (the Robert Schad Naturopathic Clinic), our fourth years are branching out into the community via satellite clinics, externships and public education forums.

The Robert Schad Naturopathic Clinic (RSNC) now houses over 50 treatment rooms, full laboratory capabilities, bountiful botanical compounding facilities, two infrared saunas, two peat baths, and the newly established Integrated Health Wing where faculty, and non-CCNM affiliated practitioners see patients in a collaborative environment.

Our research department is bustling with projects, including involvement in nine clinical trials, two CIHR-funded systematic product reviews, patient surveys, and continued use of the Naturopathic Patient Database and Measure Yourself Medical Outcomes Profile to draw on the RSNC's patient pool for statistical analysis of observational data on overall effectiveness at our teaching clinic.

The students themselves are dedicated to building community spirit and knowledge with the production of "health weeks", ranging from men's and women's health, to consciousness week and international health week. We also have groups involved with inter-professional mingling, to help poise NDs as central players in integrative healthcare.

The next step in this continuum of growth is to reconnect the generations of naturopathic doctors in Canada through increased externships and external residency positions, thereby strengthening the profession as a whole by being a tight-knit community of bi-directional learning and support.

BOUCHER INSTITUTE OF NATUROPATHIC MEDICINE

By: Andrew Eberding, 2009-10 BINM-CAND Representative

The Boucher Institute of Naturopathic Medicine (BINM) is Western Canada's center for naturopathic medical education. The institution received full accreditation from the CNME in January 2009. This event was greatly celebrated within our ever-expanding community of students, faculty, patients, grads and friends. Many exciting landmarks have been reached in the last few years. Our enrolment is now at maximum capacity with applications far exceeding the number of available seats. Aside from the standard full-time program that has a yearly intake of 36 students, BINM has also initiated a more flexible, six-year program that gives students the option of developing their naturopathic skills and knowledge in a more self-nourishing process.

The academic faculty has developed a program focused on an integrative flow of medical education that has aligned the instruction of biomedical systems (physiology, pathology, embryology, histology) with treatment modalities to produce a cohesive educational experience. The clinical administration has made a concerted effort into developing external clinics to increase the exposure of medical students to a more varied patient base than what is seen in the internal clinic.

Aside from the basic core education program BINM has developed a much-needed one-year residency program in an effort to help advance the modern naturopathic profession. Another new development in naturopathic healthcare in British Columbia has been the change of scope of practice to include prescribing authority. BINM has developed a Pharmaceutical Prescribing Course for Naturopathic Physicians to meet the profession's demand for accreditation. The program commenced in March 2010 and the demand quickly overwhelmed the first three available cohorts.

NATUROPATHIC MEDICINE IN CANADA

Today more people than ever are seeking and benefiting from naturopathic medical care. There are 1,507 naturopathic doctors in Canada and the numbers are growing rapidly. Figure 1 demonstrates the number of naturopathic doctors located in each province and territory in Canada.

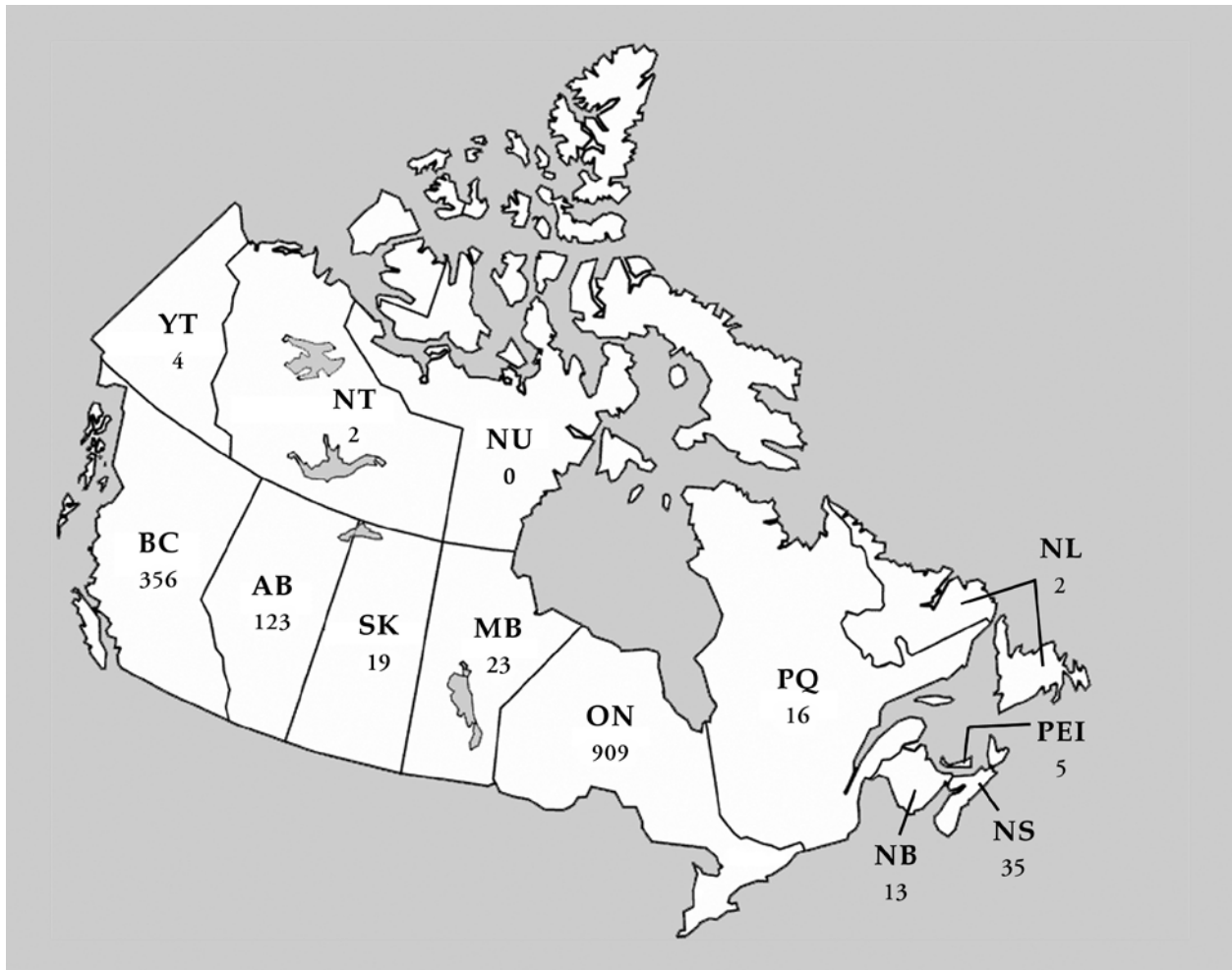


Figure 1: Distribution of naturopathic doctors in Canada, as per 2009 CAND data.

Approximately 60 per cent of all naturopathic doctors are located in Ontario, and over half of these NDs practice in the greater Toronto area. British Columbia is the next most populated province, hosting nearly one-quarter of NDs, half of whom practice in the greater Vancouver area. The remaining 15 per cent of NDs (242 practitioners) offer healthcare services in other parts of the country. Consequently, a significant number of regions in Canada remain largely under-served and hold great potential for future naturopathic practices.

REGULATION OF NATUROPATHIC MEDICINE IN CANADA

By: Shawn O'Reilly, Executive Director, Director of Government Relations, CAND

Regulation is always a complicated issue; however, when you are a health professional in Canada it becomes even more complex. Health care is a provincial mandate and, therefore, while the federal government sets national policy for health care and regulates substances such as drugs, therapeutic devices and natural health products, it is the provincial or territorial ministries of health that regulate health care professionals, dictate scope of practice and authorize controlled/reserved acts through regulatory boards/colleges. As a result the regulation and scope of practice of NDs varies across the country.

Naturopathic doctors have struggled to obtain and/or retain regulation since they first began practicing in Canada the early 1900s. NDs were first regulated in Ontario under the Drugless Practitioners Act of 1925 along with a number of other health care professions including chiropractors and osteopaths. Individual Naturopathic Acts followed in British Columbia in 1936, Alberta in 1940, Manitoba in 1946 and Saskatchewan in 1954.

In British Columbia, NDs were involved for many years in extensive negotiations with the B.C. Health Ministry with respect to their Scope of Practice, and the need for updated legislation and regulations. As a result of the dedicated efforts of the NDs in B.C., new regulations, which include prescriptive authority and represent the broadest scope of practice in the country, were approved in April 2009.

Alberta's Naturopathic Act was repealed in 1986. Fortunately, the Alberta Association of Naturopathic Practitioners and its dedicated members were successful in ensuring that they were regulated under the Health Professions Act that came into force in December of 2001. Regulations have been drafted and are in the final stages of the regulatory process. It is expected that the new regulations will come into force before the end of 2010. The Association has been named the interim regulator until that time. The preparation of a competency profile requiring many hours of work by Alberta NDs has assisted enormously in the regulatory process.

While Saskatchewan has been able to maintain its Act, they remain vigilant given what has transpired in other jurisdictions. The current Naturopathy Act is hopelessly outdated and the Saskatchewan Association of Naturopathic Practitioners is engaged with government on a proposed new Naturopathic Medicine Act in order to comply with the template act model in place of all self-regulated health professionals in Saskatchewan, to accurately reflect current practice and to ensure public safety.

Manitoba NDs engaged with the Ministry of Health and other health care professions in drafting submissions and working together on how best to implement new regulations for a variety of practitioners including NDs. The Regulated Health Professions Act received Royal Assent in June 2009. Regulatory Colleges will be moved under the new legislation in groups rather than all at once. The Manitoba Naturopathic Association has been advised that they will be in the second group to

be moved under the Act and expect to submit their scope of practice and request for reserved acts during spring 2010.

Over the years the regulatory framework has fluctuated drastically. Until recently, Ontario NDs were the only health profession left under the antiquated Drugless Practitioners Act despite requests for a separate naturopathic act that date back to the 1950s. The naturopathic stakeholders in Ontario fought two attempts at de-regulation and have now been successful in coming under the Regulated Health Professions Act. Bill 171, the Health Systems Improvement Act, which includes “The Naturopathy Act”, received Royal Assent in June 2007. This was followed by Bill 179 in December 2009 which granted prescriptive authority.

A transition council has been struck and is engaged drafting regulations for the profession. It is expected that the process will take two to three years to complete. In the meantime, Ontario NDs will continue to be regulated under the Drugless Practitioners Act by the Board of Directors of Drugless Therapy-Naturopathy (BDDT-N).

The Maritime associations, while facing a challenge due to the low number of NDs practicing on the East coast, are just as involved in lobbying for government recognition and regulation. There are advantages to being in a smaller province, however, as evidenced by the Nova Scotia Association of Naturopathic Doctors (NSAND) having obtained legislation over the course of just one month (May 2008). The Naturopathic Doctors Act provides title protection for qualified NDs, ensures the public is able to discern who is or is not a qualified ND, and recognizes naturopathic medicine as a health profession. While an important first step the legislation is limited. The NSAND is currently working with the Ministry of Health to amend the legislation and formalize appropriate regulations.

Lobbying efforts are underway in PEI, New Brunswick and the Yukon. To date the news is encouraging as politicians and bureaucrats recognize the value of regulation and collaboration between health care professionals. The Canadian public has made it clear to their political representatives that they wish to see the health care provider of their choice. Province by province their voices are being heard.

Regulation is an expensive and time consuming procedure and the successes to date are a testament to the NDs, naturopathic associations, naturopathic schools and regulatory boards in Canada who dedicate many hours and financial resources to the cause. Progress is being made at all government levels. NDs now sit on government committees and advisory councils, provide input as stakeholders on health issues and liaise with various government ministries and agencies.

The CAND’s message is straightforward: naturopathic doctors are primary health care providers committed to ensuring that Canadians have the freedom to choose their health care provider and access to licensed NDs with the proper education and training. It is only through uniformly high standards and regulation that this can truly be accomplished.

REGULATION OF NATURAL HEALTH PRODUCTS IN CANADA

By: Shawn O'Reilly, Executive Director, Director of Government Relations, CAND

The Natural Health Product Regulations came into effect on January 1, 2004. Under the regulations all natural health products (NHPs) must undergo a pre-market review process and be granted a product license before being sold legally in Canada. NHPs are drugs at the level of the Food and Drugs Act but have their own unique regulations administered by the Natural Health Products Directorate (NHPD). The first Director General of the NHPD was Philip Waddington, ND, a graduate of the Canadian College of Naturopathic Medicine. The team at the directorate includes several NDs as well as representatives of other CAM practitioner groups such as herbalists, homeopaths, TCM practitioners and chiropractors.

The regulations were designed to ensure that Canadians have access to over the counter products that are safe, effective and of high quality. The products must be safe for self selection in order to qualify as a natural health product. Products considered a risk to consumers or that require supervision or intervention by a health care professional do not qualify as NHPs and continue to be regulated as drugs under the Food and Drugs Act. As a result of the regulations, for the first time companies are allowed to make health claims, provide indications for use, and list warnings and contraindications on product labels. Keeping in mind the unique nature of NHPs and their long history of safe use, the standards of evidence that are required for product licensing also include traditional use.

A natural health product is defined as a substance, which is manufactured, sold or represented for use in:

- 1) the diagnosis, treatment, mitigation or prevention of a disease, disorder, or abnormal physical state or its symptoms in humans,
- 2) restoring or correcting organic functions in humans; or
- 3) modifying organic functions in humans, such as modifying those functions in a manner that maintains or promotes health.

It is estimated that there are between 40,000 and 50,000 natural health products available in the Canadian marketplace and for this reason, the regulations are being phased in over a six-year period. Each product, once approved, will receive a natural product number (NPN) or in the case of homeopathic medicines, a DIN-HM. In addition to product licenses, manufacturers will require a site license and must meet the good manufacturing principles as outlined in the regulations.

The regulations stipulate that in order to be sold legally on the market in Canada products were to be in compliance by January 1, 2010. However, at that date there were still an estimated 10,000 to 12,000 product license applications moving through the approval process with the NHPD. In order to ensure Canadians continued access to these products that are on the market while they are in the queue, a regulatory amendment has been proposed that will allow these products to be sold as long as they meet specific safety requirements. The proposed regulatory amendment contains a 30-month sunset clause and was published in Gazette I on May 8, 2010. Following a 30-day comment period

and response by the government it is expected that the regulations will proceed to publication in Gazette II and to implementation by the fall of 2010.

There are always challenges with a new regulatory regime and the NHP regulations are no exception. The NHPD has consulted across the country in order to address issues that have arisen for all stakeholders. In 2009 in an effort to streamline the regulatory process a “life cycle approach” was implemented and the Program Advisory Committee (PAC) composed of a broad range of stakeholders created.

The mandate of the Committee is to provide the natural health product program directorates with views, feedback, advice and recommendations, including technical, scientific, ethical and communication, on current and emerging issues relevant to the Canadian regulatory framework for NHPs, in order to help facilitate Health Canada’s decision making. The CAND is an inaugural member of PAC and co-chaired the Standards of Evidence Working Group which resulted in over 30 recommendations to the NHPD. The PAC has also reviewed and provided recommendations with respect to product testing and compliance and enforcement.

Schedules 1 and 2 of the regulations set out what is and what is not included as a natural health product.

Schedule 1 – Included NHPs

1. A plant or a plant material, an alga, a bacterium, a fungus or a non-human animal material.
2. An extract or isolate of a substance described in item 1, the primary molecular structure of which is identical to that which it had prior to its extraction or isolation.
3. Any of the following vitamins:

Biotin	Vitamin A
Folate	Vitamin B6
Niacin	Vitamin B12
Pantothenic acid	Vitamin C
Riboflavin	Vitamin D
Thiamine	Vitamin E
4. An amino acid.
5. An essential fatty acid.
6. A synthetic duplicate of a substance described in any of items 2 to 5.
7. A mineral.
8. A probiotic.

Schedule 2 – Excluded NHPs

1. A substance set out in Schedule C to the Act.
2. A substance set out in Schedule D to the Act, except for the following:
 - a) a drug that is prepared from any of the following micro-organisms, namely, an alga, a bacterium or a fungus; and
 - b) any substance set out on Schedule D when it is prepared in accordance with the practices of homeopathic pharmacy.
3. A substance regulated under the Tobacco Act.
4. A substance set out in any of Schedule I to V of the Controlled Drugs and Substances Act.
5. A substance that is administered by puncturing the dermis.

6. An antibiotic prepared from an alga, a bacterium or a fungus or a synthetic duplicate of that antibiotic.

While the regulations do not include items found on Schedule F (substances that require a prescription in Canada) some natural substances have been removed from Schedule F and will be regulated as NHPs, for example specific dosages of vitamin K, and homeopathically-prepared substances. However, there are still a number of natural substances that remain on Schedule F that NDs have the education and training to utilize, for example, botanicals such as rauwolfia, high-dose vitamin D and bio-identical hormones. The CAND continues to lobby for access to those restricted substances for which NDs have the training and education to use.

For complete details on the Natural Health Product Directorate and the regulations go to the Directorate website at www.hc-sc.gc.ca/dhp-mps/prodnatur/index_e.html

CAND MARKETING, COMMUNICATIONS AND PROFESSIONAL SUPPORT

By Alex McKenna, CAND Marketing and Publications

Since the publication of *Naturopathic Medicine in Canada 2008*, every health care profession has experienced practice-altering changes. This has been a result of the mainstream having embraced social networking and new electronic gadgetry and platforms.

The ability to access medical news on your iPhone® or iPod touch® was unheard-of two years ago; however, these new resources now enable physicians to review all the current research from anywhere at any time. This has changed the way many NDs relate to one another, their patients; how NDs practice, and conduct research.

Not only are electronic advances making data more readily accessible to physicians, but these new platforms are also providing an abundance of direct and cost-effective marketing tools to reach prospective patients like never before.

According to CAND data, between December 2005 and December 2009, the number of NDs licensed to practice in Canada has increased by over 20 percent to 1507. The conventional medical field is awakening to the naturopathic perspective. Traditional research is increasingly including environment and lifestyle as key factors of health, while NDs continue honing their specialized knowledge in these areas, and are becoming recognized as the public authority on the matter. With a broader scope of practice in British Columbia and Ontario imminent, NDs can look forward to an even higher professional profile and demand for naturopathic services.

They're even speaking about us on Parliament Hill. During Naturopathic Medicine Week 2010, the CAND successfully coordinated an announcement of the week by BC MP Joyce Murray in the House of Commons, encouraging Canadians to visit naturopathic physicians in their communities.

Meeting the needs of our growing membership through innovation continues to be a focus for the CAND. Our newly-launched extended health benefits program will provide NDs from coast to coast with excellent group rates on the health, life and disability coverage they require.

The powerful new format of the recently retooled *Vital Link* journal provides NDs with a unique combination of research, practical content and clinical pearls. The journal will ultimately reach a broader international network of health care professionals, providing the naturopathic profession with an even more widespread exposure.

While the CAND national TV commercial is currently receiving a makeover, the rate of requests for ND referrals and information on naturopathic medicine is higher than ever. Traffic to www.cand.ca, which is now reaching over 200,000 unique visits per month and climbing, represents an increase of over 300 percent during the last two years.

Health Fusion 2011 (Calgary), the profession's biennial national conference and our fourth conference under the *Health Fusion* brand, is being planned at the time of this writing. The theme will be Environmental Medicine: From Microscopic Understanding to Macroscopic Application.

In the meantime, the CAND will continue cultivating meaningful partnerships with public, private and government-allied organizations and expanding our public outreach campaign. We will continue meeting the demands of our members and their patients, providing superior support by employing ND and public feedback to help shape the future of naturopathic medicine.

We invite you to contact the CAND with your questions and feedback.

OTHER EMPLOYMENT AND VOLUNTEER OPPORTUNITIES

Naturopathic doctors are experiencing greater recognition as health care practitioners and as experts in the field of natural and preventive medicine. They provide leadership in natural medical research and enjoy an increasing political influence. Positions for NDs are opening up in hospitals, multi-disciplinary clinics and specialized health centres across Canada. The list of other, non-clinical business opportunities for NDs continues to grow and currently includes: government and private sectors, the field of research and the natural health products industry. Naturopathic doctors continue to be an emerging answer to Canada's healthcare concerns. Following are some additional opportunities for Canadian NDs and naturopathic medical students.

Volunteering and Employment Opportunities Abroad

Naturopathic doctors may play a special role in development work as healthcare practitioners who have a special appreciation for the intricate relationship between individuals, communities and the environment. Our holistic education and founding principles give us unique insight to sustainable healthcare plans for villages whose longstanding connection to the earth has been complicated by Western influences. Our skills, coupled with our genuine passion for people and their health, make us ideal members of international medical aid organizations.

Awareness of our international responsibilities is increasing through such organizations as Natural Doctors International, the International Naturopathic Students' Association, and Homeopaths without Borders. Contact information for these and many more volunteer organizations is available at www.ndglobalnetwork.com. Nicole Redvers, a naturopathic student at CCNM, developed this thorough and much needed resource, which includes organizations that promote aid work in accordance with naturopathic principles and modalities.

Following are the profiles of several naturopathic organizations offering work opportunities abroad.

Natural Doctors International (NDI)

Bringing natural medicine to global health
www.ndimed.org

Natural Doctors International's (NDI) mission is to promote global health and social justice through natural medicine. NDI delivers natural medicine to underserved communities throughout the world and works with local peoples and international agencies to advance and fully integrate natural medicine into global health care.

NDI focuses on eight main areas: primary healthcare delivery in international settings, global health education, global health policy, global health research, creation of an international natural medicine network, socially responsible volunteerism and service, honoring and sustaining traditional medicine, and disaster relief coordination for the North American naturopathic community.

The Naturopathic Physician Volunteer Corp Program – In 2003, a group of naturopathic physicians who envisioned bringing natural medicine to underserved communities worldwide established the non-profit organization Natural Doctors International (NDI). Since then, NDI has provided overseas communities with free access to natural medicine, and has presented opportunities for natural medical professionals to work in international healthcare. Besides NDI's clinical endeavors, those in the program work with global health policy organizations to advocate social justice in healthcare, natural medicine and traditional healing systems. Licensed NDs can volunteer for 14 months for a truly unique service learning experience.

Unique Global Health Courses – Hundreds of students and doctors have attended this one-of-a-kind service learning opportunity which combines third-world healthcare and naturopathic medicine. The NDI course provides classes in global economics, naturopathic medicine and global health. Doctors get clinical training in tropical medicine, medical students get to preceptor and lay participants help in community projects and support services.

A Part of the Community – Within each community, NDI works to promote and preserve the local traditional natural medicine practices from a perspective of respect rather than exploitation. Far from medical tourism, NDI aims to establish long-term programs of primary care enmeshed into each community. NDI is committed to defending and improving the environmental conditions in each community they serve, and work towards sustainable medicine.

Health for Every Living Person (HELP) Foundation

www.thehelpfoundation.ca

HELP Foundation is proud to report that it has successfully transitioned the clinic on Kho Khao to the Phangna Provincial Public Health Office (PPPHO). The clinic is being managed and staffed by Thai employees year-round in what is now a well-updated clinic. There were two full-time nurses and one part-time nurse upon the last visit to the clinic.

HELP Foundation is forever thankful to all its supporters over the past three years. HELP Foundation gives many thanks to all the Thailand Health Officials, nurses, and doctors that made our work there so enjoyable and memorable. A special thank you to Dr. Maythinee Petju, DDS (PPPHO Medical Relief Work Liason), Mr. Somporn (PPPHO translator) and Mr. Pramote (HELP Foundation's translator) for all their hard work and dedication over the past few years.

All future endeavours are temporarily suspended as HELP Foundation begins this transitional period, which will also involve more work with Revenue Canada and the Federal government in accepting HELP's mandated efforts and charter.

The Foundation for Integrated Medicine in Africa (FIMAFRICA)

By: Dr. Ameet Aggarwal, ND, Executive Director, FIMAFRICA

www.fimaffrica.org

Registered Canadian charity (848725958 rr0001)

Dr. Ameet Aggarwal ND is registered with the CNPBC

Board and Executive Staff

Dr. Jacqueline Davies ND, Dr. John Dempster ND, Dr. Jonathan Bablad ND, Danial Islam, Giri Puligandala

Contacts

Brewster J. Scott, Administrator

778-238-7499

Giri Puligandala, Secretary

780-264-1899

ameet@fimaffrica.org

Foundation for Integrated Medicine in Africa (FIMAFRICA), is a registered Canadian charity delivering integrated medical services to remote and impoverished communities living in Northern Kenya. We provide mobile clinical services to deliver integrated medicine, using homeopathic medicine, naturopathic medicine and other integrative holistic methods to improve integrated health care in these remote areas for communities that receive minimal medical care. We treat people regardless of race, religion, political views or sex.

FIMAFRICA is geared towards creating self-sustainability by having our volunteers work closely with African doctors and health workers in existing health facilities. In this way, there is a transfer of medical knowledge that is left in the hands of the local people. FIMAFRICA aims to help the medical practices in these communities shift towards becoming more integrated and holistic in nature, while respecting boundaries, cultures and existing medical practices.

FIMAFRICA provides a setting where health practitioners of conventional, naturopathic and holistic fields can volunteer and combine their skills in integrated medicine. This program uniquely improves the clinical knowledge of numerous doctors, since doctors join from all over the world to help communities desperately in need of medical services in remote areas of northern Kenya.

FIMAFRICA has also developed a unique personal growth program for health practitioners volunteering with us. Using Gestalt psychotherapy, the volunteers undergo unique personal growth exercises to improve their counselling skills towards patients. This powerful tool helps improve the emotional support patients receive while undergoing treatment. Health care is improved overall since emotional wellbeing is an important part of a patient's wellbeing. Patients need and appreciate emotional support, and FIMAFRICA's personal growth program helps health practitioners become better at meeting these emotional needs.

Fees

Mobile clinic trips are offered to students and practitioners. As of September 2010, fees for three week trips, including food, accommodation, transport in Kenya, camping fees, project costs, supervision, etc will be \$2500 per student.

Publications

Please read our blog updates at www.fimafrika.org

Continuing Education offerings

- CNPBC offers 10 CE credits for NDs volunteering with FIMAFRICA mobile clinics
- BDDTN-Ontario offers 5 CE credits
- Awaiting approval from AANP and other regulatory Boards.

RESEARCH IN NATUROPATHIC MEDICINE

By: Dr. Dugald Seely ND, MSc, Director of Research and Clinical Epidemiology, Canadian College of Naturopathic Medicine

Naturopathic doctors have the potential to play a significant role in complementary and integrative medical research. We are trained and recognized as experts in the field of complementary medicine as a whole, and our unique system of medicine clearly has a great deal to offer for improved public health. Common usage amongst the public and a growing evidence base are contributing to increased interest in researching the elements and system of naturopathic medicine. We are an asset in greater demand for collaborative research teams who wish to study complementary and 'not so' alternative medicine. It is well understood that collaboration between researchers and clinicians is essential for creating a successful clinical research project. NDs have a deep expertise in complementary medicine and you are a strong asset in any team looking to research CAM therapies or systems.

If you are interested in becoming involved in research, it is very helpful to link up with other institutions and networks. Be explicit and identify yourself as someone who is interested in research. It helps to also be specific about your area(s) of clinical interest. A track record of publications is useful, but not necessary to get involved. It is most important to get connected with people with the right skill sets, however. Another route, more academic but very rewarding, is to enroll in graduate school and pursue a research based MSc or PhD program. If you want to get heavily involved in research this is a great way of getting started. Conducting research is a lot of work, no tougher than clinic, but definitely different. Ultimately, getting involved can mean helping in the design and conduct of exciting studies with the potential to have a wide impact. This kind of work can also broaden your referral network and can even lead to positions of employment within hospitals or community clinics.

Resources for those interested in CAM research

Funding Agencies:

CIHR (Canadian Institute of Health Research)

www.cihr-irsc.gc.ca/e/193.html

Funding resource

NSERC (Natural Sciences and Engineering Research Council of Canada)

www.nserc-crsng.gc.ca

Funding resource

NCCAM (National Center for Complementary and Alternative Medicine)

<http://nccam.nih.gov>

Based in the U.S., excellent source of information on research in general and the grant writing process, i.e., how to get funding

Networks involved in research:

CCNM Research Faculty

www.ccnm.edu

Information and networking resource

In-CAM (Interdisciplinary Network of Complementary and Alternative Medicine)

www.incamresearch.ca

Source of funding as well as providing a network to join

PedCAM (Canadian Pediatric Complementary and Alternative Medicine Network)

www.pedcam.ca

Focused on pediatric CAM research

NMRA (Naturopathic Medical Research Agenda)

www.bastyr.edu/research/NMRA

Involved in promoting a naturopathic research agenda. In the future, this group may provide a place for clinics to collaborate in clinical research.

FACT (Friends of Alternative and Complementary Therapies)

www.thefacts.org

Toronto based network

INTERNATIONAL PRACTICE

The number of Canadian-trained naturopathic doctors working abroad has nearly doubled in the last two years to 59 (Table 1).

Location		Number of NDs
Australia		2
China	Hong Kong	5
England	London	2
France	Paris	1
Israel	Moshav Bnei Atarot	1
Poland		1
Singapore		1
Spain	Albacete	1
Sweden	Rydsgård	1
Taiwan		1
Thailand		1
UAE	Dubai	1
USA	Arizona	3
	California	10
	Connecticut	1
	Georgia	1
	Illinois	2
	Indiana	1
	Michigan	1
	Minnesota	2
	New Jersey	1
	New York	5
	Oklahoma	2
	Oregon	3
	Pennsylvania	1
	Texas	1
	Vermont	1
	Washington	3
West Indies	Gros Islet, St. Lucia	3
Total International NDs:		59

Table 1: International locations of Canadian-trained naturopathic doctors.

Given this growing interest, it is important to consider what regulation exists in other countries if any, and how it differs from regulation in North America. NDs who intend to practice outside Canada are advised to ensure that they successfully complete NPLEX and maintain inactive or associate status with a provincial regulatory board. The maintenance of your license not only verifies your ND credentials, but also preserves your ability to practice in regulated Canadian jurisdictions should you decide to return.

NATUROPATHIC MEDICINE BY PROVINCE

The following pages outline the status of naturopathic medicine in each of the provinces and territories in Canada as of December 31, 2009. Practice locations included in the tables and graphs were derived from the CAND database. Population data was obtained from Statistics Canada 2006 Census information.

The information presented in the tables and graphs identifies the number of primary locations for naturopathic doctors in each community (“Number of NDs”), the population of that community (“Population”) and the potential number of people in that community who are served by a naturopathic doctor (“Population/ND”). Only those communities in which NDs have established practices are included in the table.

Many naturopathic doctors choose to establish practices in more than one community. However, the data in this book includes only practice locations listed in the CAND database as “primary”. The CAND would like to include in forthcoming editions of this book, each practice location of every registered ND in Canada. We, therefore, ask all NDs eligible to practice in Canada to assist our efforts by ensuring all their practice information is kept up to date with the CAND as well as the corresponding provincial associations and regulatory boards.

Information about the regulatory body and provincial association is included for each province and territory. Regulation requirements may change from time to time; therefore, please contact the regulating authority in your province for the most up-to-date information. It should be noted that NDs in all provinces are required to carry a minimum of \$2 Million in malpractice insurance coverage.

BRITISH COLUMBIA



PRACTICE LOCATIONS AND POPULATIONS

There are currently 356 qualified naturopathic doctors in British Columbia.

Area	Community	No. of NDs	Population	Population/ND
East	Abbotsford (CMA)	3	159,020	53,007
	Ainsworth Hot Springs	1	1,525	1,525
	Chilliwack (CA)	4	80,892	20,223
	Cranbrook (CA)	2	24,138	12,069
	Invermere	2	3,002	1,501
	Kamloops (CA)	7	92,882	13,269
	Kelowna (CA)	10	162,276	16,228
	Maple Ridge	5	68,949	13,790
	Nakusp	1	1,524	1,524
	Nelson	1	9,258	9,258
	Osoyoos	1	4,752	4,752
	Penticton (CA)	6	43,313	7,219
	Roseland	1	3,278	3,278
	Salmon Arm (CA)	3	16,205	5,402
	Summerland (DM)	1	10,828	10,828
	Trail	1	7,237	7,237
	Vernon (CA)	9	55,418	6,158
	Westbank (Central Okanagan)	1	28,972	28,972
	Winfield (Lake Country)	1	9,606	9,606
	Langley, Fort Langley	6		
	Langley, Langley	12		
	Total Langley	18	93,726	5,207

Area	Community	No. of NDs	Population	Population/ND
Greater Vancouver	Burnaby	7	202,799	28,971
	Coquitlam	6	114,565	19,094
	Delta (DM)	3	96,723	32,241
	New Westminster	5	58,549	11,710
	North Vancouver	12	45,165	3,764
	Port Coquitlam	1	52,687	52,687
	Port Moody	6	27,512	4,585
	Richmond	10	174,461	17,446
	Surrey	17	394,976	21,469
	Vancouver	103	578,041	5,612
	West Vancouver	8	42,131	5,266
	White Rock	3	18,755	6,252
North	Fort St. John	2	25,136	12,568
	Prince George (CA)	8	83,225	10,403
	Roberts Creek	1	3,307	3,307
	Quesnel (CA)	1	22,449	22,449
	Sechelt (CA)	2	8,454	4,227
	Smithers	1	5,217	5,217
	Squamish	3	15,256	5,085
	Terrace	1	11,320	11,320
The Islands	Campbell River (CA)	1	36,461	36,461
	Cobble Hill	1	4,530	4,530
	Comox	2	12,136	6,068
	Courtenay (CA)	6	49,214	8,202
	Duncan (CA)	2	41,387	20,694
	Errington	1	6,680	6,680
	Gabriola Island	1	4,050	4,050
	Langford	1	22,459	22,459
	Manson's Landing	2	1,042	1,042
	Nanaimo (CA)	9	78,692	8,744
	Port Alberni (CA)	1	25,297	25,297
	Qualicum Beach	3	8,502	2,834
	Saltspring Island	2	Not available	
	Sidney	4	11,315	2,829
	Sooke (DM)	1	9,704	9,704
	Victoria (CMA)	41	330,088	83,272
Provincial Total:		356	4,113,487	11,620

PROVINCIAL ASSOCIATION

British Columbia Naturopathic Association (BCNA)

Board of Directors:

Dr. Christoph Kind, ND, President
Dr. Deborah Phair, ND, Vice-President
Dr. Tonia Mitchell, ND, Treasurer
Dr. Lisa Connolly, ND
Dr. Seema Kanwal, ND
Dr. Caleb Ng, ND
Dr. Michael Reiersen, ND

Glenn Cassie, Executive Director

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toll-free: 1-800-277-1128
bcna@bcna.ca www.bcna.ca

Membership Dues

All dues include membership to both the BCNA and the CAND.

- Full-time member: \$1672.50
- Part-time member (less than 16 clinic hours per week): \$982.50
- First Year member: \$888
- Associate (non-practicing): \$493

Members must be licensed to practice in British Columbia by the College of Naturopathic Physicians of BC.

Publications

- BCNA Bulletin: A quarterly professional newsletter.
- Your Health: A quarterly newsletter for members that highlights issues important to patients, archived at www.bcna.ca

Continuing Education Offerings

Hosts one annual clinical conference in BC.

REGULATORY BODY

The College of Naturopathic Physicians of British Columbia (CNPBC)

Lorne Swetlikoff, ND, President

Howard Greenstein, BSc, MA, MBA, Registrar and CEO

Lindsay A. Lee, B.A., L.L.B., Regulatory Program Analyst

Debbie Ferreira, Executive Assistant

605 Robson St., Ste. 840

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t. 604-688-8236 f. 604-688-8476

office@cnpsc.bc.ca www.cnpsc.bc.ca

Licensing Fees

- Active Registrants: \$1500.00
- Associate Registrants: \$200.00

Exams

The candidate must successfully complete the NPLEX examinations including add-on Part II Clinical Examinations in Homeopathy and Minor Surgery. They must also successfully complete BC Jurisprudence and Oral (BC J&O) exams.

Medicare Coverage

Provincial subsidies for naturopathic medicine were cut by the liberal government January 2002.

However, NDs may opt to accept patients on MSP premium assistance who still receive limited coverage.

Continuing Education

A registrant must complete 40 hours of approved continuing education within a 24-month period.

ADDITIONAL PROVINCIAL INFORMATION

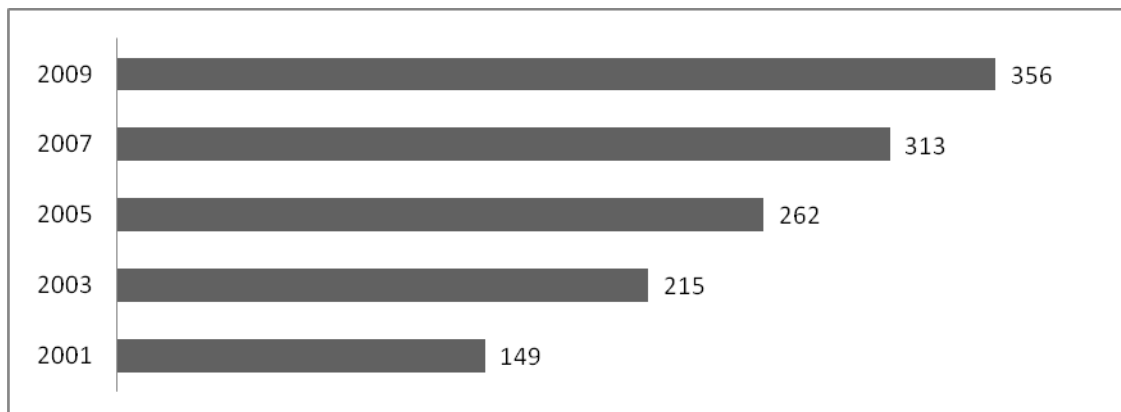
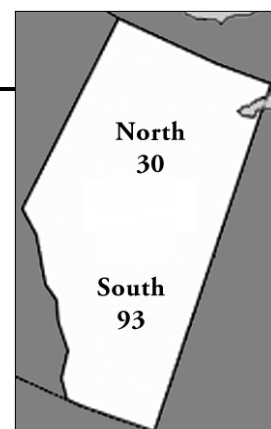


Figure 5: Comparison of the number of naturopathic practices in British Columbia, 2001 to 2009.

ALBERTA



PRACTICE LOCATIONS AND POPULATIONS

There are currently 123 qualified naturopathic doctors in Alberta.

Area	Community	Number of NDs	Population	Population/ND
North	Edmonton (CMA)	15	1,034,945	68,996
	Grande Prairie	2	47,076	23,528
	Grovedale	1	5,464	5,464
	Lacombe	1	10,742	10,742
	Red Deer	6	82,772	13,795
	Sherwood Park (Strathcona Park)	2	82,511	41,256
	St. Albert	3	57,719	19,240
	Lethbridge	2	74,637	37,319
South	Airdrie	1	28,297	28,297
	Banff	1	6,700	6,700
	Crowsnest Pass, Bellevue	1		
	Crowsnest Pass, Coleman	1		
	Total Crowsnest Pass	2	5,749	2,875
	Bragg Creek	1	34,171	34,171
	Calgary	79	988,193	12,509
	Canmore	3	12,039	4,013
	Cochrane	1	13,760	13,760
	Medicine Hat	2	56,997	28,499
	Okotoks	1	17,145	17,145
	Provincial Total:	123	3,290,350	26,323

PROVINCIAL ASSOCIATION

Alberta Association of Naturopathic Practitioners

Dr. Allissa Gaul, ND, President

Dr. Toni Reid, ND, Registrar

Dr. Lindsay Irwin, ND, Secretary

Dr. Aparna Taylor, ND, Complaints Committee Chair

Dr. Matt Pyatt, ND, Competence Committee Chair

Mailing address:

813 - 14th St NW

t. 403-266-2446

www.cnda.net

Annual Membership Dues

The practice year is January to December. Application fees are required for new members. All AANP practicing members must be CAND members, and CAND dues are collected by the AANP each year and submitted on members' behalf.

Application fee for first application only is \$210.00

- General first year members and temporary members: \$346.50 + \$168.00 CAND
- General second year members: \$682.50 + \$262.50 CAND
- Subsequent general full time members: \$682.50 + \$472.50 CAND
- Subsequent general part time members (< 16h/week): \$682.50 + \$262.50 CAND
- Associate members: \$220.50 + \$168.00 CAND
- Courtesy members \$105.00
- Retired members \$105.00 + \$168.00 CAND

Requirements for Practice in Alberta

Qualifying NDs must have graduated from an accredited college and have passed NPLEX licensing examinations. Regulated members are required to complete Continuing Competence Evaluations and Credits every year to maintain their registration. Alberta is the first province to complete a Continued Competence Profile for naturopathic doctors and the AANP runs an online Competrax system that allows members to track their continued competence yearly. Members practicing Restricted Activities such as IV therapy, Keesey, colon hydrotherapy, etc., have additional application and Competence requirements.

REGULATORY STATUS

Since 1999, naturopathic medicine has been defined as a Health Profession under the Health Professions Act (HPA). Regulations for naturopathic doctors under the HPA are currently being finalized. Once the regulations are complete and proclaimed, the title of naturopathic doctor and all related titles will be protected.

Once regulations are complete, the AANP will continue as the College of Naturopathic Doctors of Alberta (CNDA).

ADDITIONAL PROVINCIAL INFORMATION

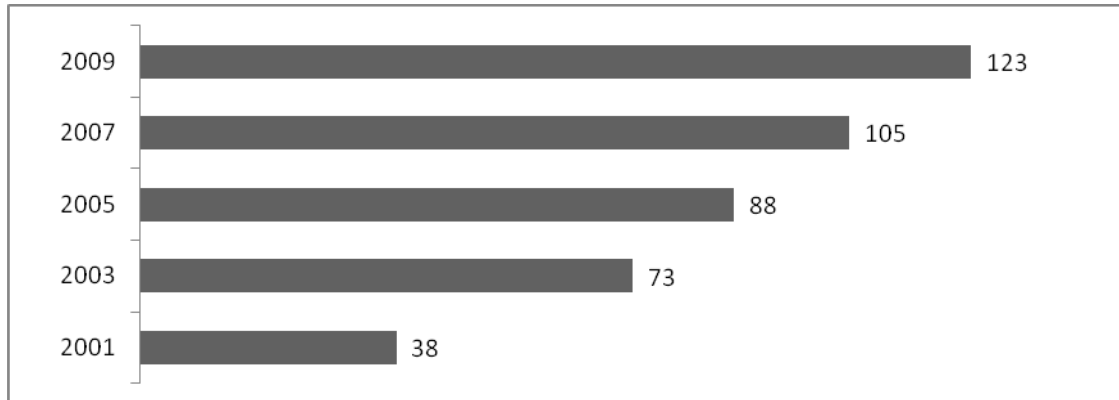
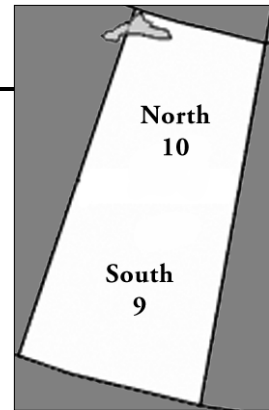


Figure 6: Comparison of the number of naturopathic doctors in Alberta, 2001 to 2009.

SASKATCHEWAN



PRACTICE LOCATIONS AND POPULATIONS

There are currently 19 qualified naturopathic doctors in Saskatchewan.

Area	Community	No. of NDs	Population	Population/ND
North	Prince Albert (CA)	1	40,766	40,766
	Saskatoon (CMA)	7	233,923	33,418
	Warman	2	4,764	2,382
South	Regina (CMA)	6	194,971	32,495
	Swift Current	1	14,496	14,496
	Moose Jaw	2	32,131	16,066
Provincial Total:		19	968,157	50,956

PROVINCIAL ASSOCIATION

Saskatchewan Association of Naturopathic Practitioners (SANP)

Dr. Leshia Ferguson, ND, President
 Dr. Kent Bailey, ND, Vice President
 Dr. Vanessa DiCicco, ND, Registrar
 Dr. Tanya Gokavi, ND, Secretary
 Dr. Jacqui Fleury, ND, Treasurer
 Dr. Julie Zepp-Rutledge, ND, Government, Media and Public Liaison

Contact:

Dr. Leshia Ferguson, ND, President
 315-12 Cheadle St.
 Swift Current, SK S9H 0A9
 t. 306-773-4622
 info@sanp.ca www.sanp.ca

REGULATORY BODY

Saskatchewan Association of Naturopathic Practitioners (SANP)

Dr. Vanessa DiCicco, ND, Registrar
2120 College Ave.
Regina, SK S4S 0G3
t. 306-522-0095
Fax: 306.522.0745
registrar@sanp.ca

Annual Membership Dues and Licensing Fees

The SANP as of 2010 year offers full-time membership; non-practicing membership and student Membership. Fees are paid in January of each year:

- Full time first year practitioner = \$300.00 SANP + \$168.00 CAND/GST = \$468.00
- Full time second year practitioner = \$400.00 SANP + \$262.50 CAND/GST = \$662.50
- Full time practitioner = \$600.00 SANP + \$472.50 CAND/GST = \$1072.50
- Associate member (non-practicing) = \$200.00 SANP + \$168.00 CAND/GST = \$368.00
- SANP Also offers student memberships

Exams

The candidate must successfully complete NPLEX and additional examinations in acupuncture and homeopathy. A jurisprudence examination is required and an oral and practical instrumentation.

Qualification for Membership

Qualifying ND candidates must have graduated from a CNME-approved school and successfully completed NPLEX and Saskatchewan Jurisprudence Board Exams. A police clearance check and proof of malpractice insurance are also required with the application.

Continuing Education requirements

Forty approved CE credits per two years.

ADDITIONAL PROVINCIAL INFORMATION

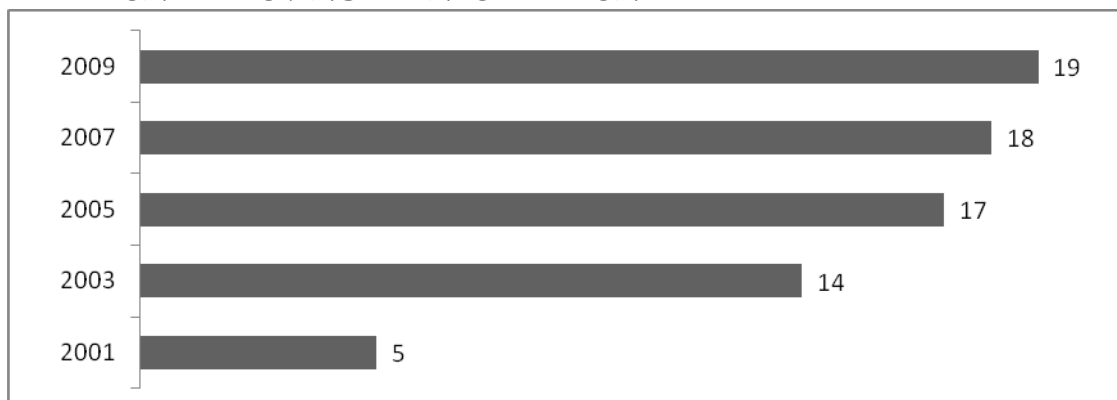
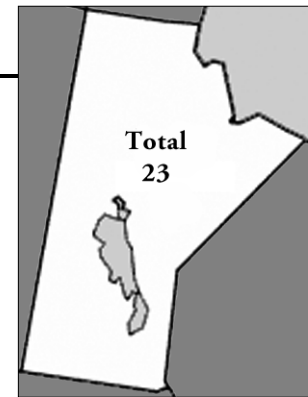


Figure 7: Comparison of the number of naturopathic doctors in Saskatchewan, 2001 to 2009.

MANITOBA



PRACTICE LOCATIONS AND POPULATIONS

There are currently 23 qualified naturopathic doctors in Manitoba.

Community	No. of NDs	Population	Population/ND
Brandon (CA)	2	48,256	24,128
Gimli	1	5,797	5,797
Portage la Prairie	1	20,494	20,494
Selkirk	1	9,515	9,515
Winnipeg	18	694,668	43,417
Provincial Total:	23	1,148,401	52,200

PROVINCIAL ASSOCIATION

Manitoba Naturopathic Association (MNA)

Dr. Cory Storm, ND, President
 Lesley Phimister, Executive Director
 239 Buxton Road
 Winnipeg, MB R3T 0H4
 t. 204-947-0381
 directormna@gmail.com www.mbnnd.ca

REGULATORY BODY

Manitoba Naturopathic Association (MNA)

Dr. Deirdre Jasper, ND, Registrar
 Lesley Phimister, Executive Director
 239 Buxton Road
 Winnipeg, MB R3T 0H4
 t. 204-947-0381
 directormna@gmail.com www.mbnnd.ca

Annual Membership Dues

Membership with the MNA is linked with membership to the CAND. Members submit dues directly to each association.

Full-time practitioners: \$2000.00

First year practitioners: \$1500.00

Requirements for Practice in Manitoba

- Complete application form (Application fee is \$200.00) with all supporting documentation.
- Qualifying NDs must have graduated from an accredited college and have passed NPLEX and Board Jurisprudence examinations and an Oral/Practical examination where required.
- Regulated members are required to complete continuing education requirements in order to maintain their registration.
- Complete criminal record check.

Publications

The MNA publishes its regulations in *The Manitoba Gazette*.

ADDITIONAL PROVINCIAL INFORMATION

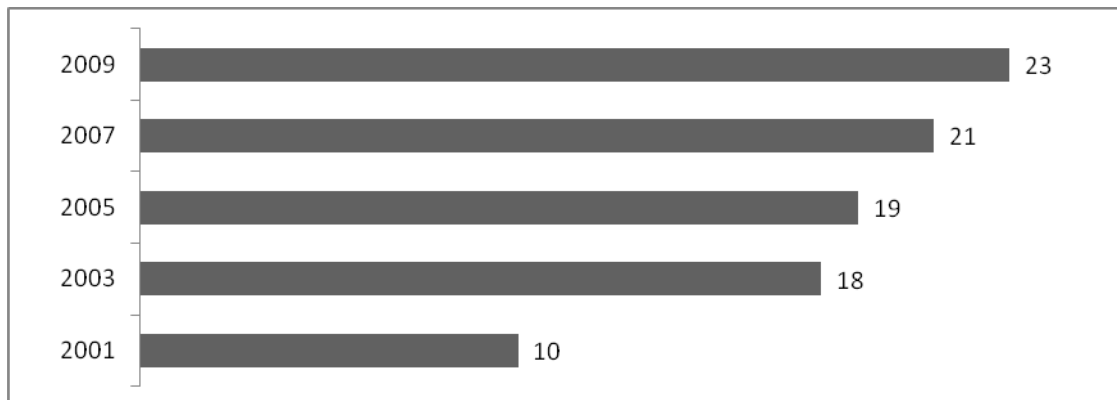
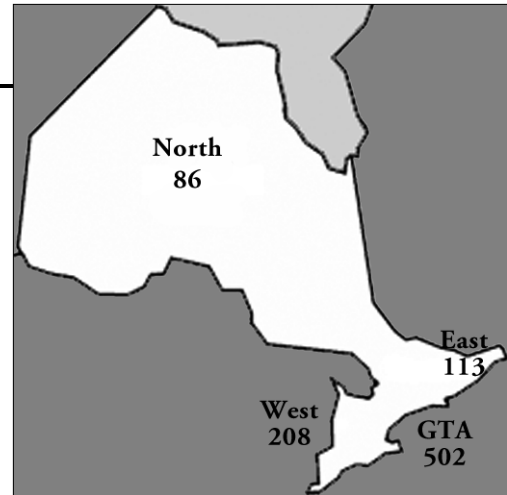


Figure 8: Comparison of the number of naturopathic doctors in Manitoba, 2001 to 2009.

ONTARIO



PRACTICE LOCATIONS AND POPULATIONS

There are currently 909 qualified naturopathic doctors in Ontario.

Area	Community	No. of NDs	Population	Pop'n/ND
East	Ajax	3	90,167	30,056
	Belleville (CA)	4	91,518	22,880
	Brockville (CA)	2	39,668	19,834
	Cobourg (CA)	2	18,210	9,105
	Cornwall (CA)	2	58,485	29,243
	Inverary	1	18,227	18,227
	Kingston (CMA)	5	152,358	30,472
	Cavan-Millbrook-North Monaghan	1	8,828	8,828
	Oshawa (CMA)	9	330,594	36,733
	Peterborough (CMA)	9	116,570	12,952
	Pickering	6	87,838	14,640
	Picton	1		
	Port Hope (CA)	1	16,390	16,390
	Whitby, Brooklin	1		
	Whitby, Whitby	7		
	Total Whitby	8	111,184	13,898
Ottawa	Ottawa, Carp	3		
	Ottawa, Edwards	1		
	Ottawa, Greely	1		
	Ottawa, Kanata	2		
	Ottawa, Nepean	1		
	Ottawa, Orleans	1		
	Ottawa, Ottawa	47		
	Ottawa, Perth	2		
	Ottawa, Stittsville	1		
	Total Ottawa (CD)	59	812,129	13,765

Area	Community	No. of NDs	Population	Pop'n/ND
GTA	Aurora	7	47,629	6,804
	Brampton	10	433,806	43,381
	King City	1	19,487	18,533
	Markham, Markham	17		
	Markham, Thornhill	13		
	Markham, Unionville	1		
	Total Markham	31	261,573	8,438
	Mississauga	36	668,549	18,571
	Newmarket	11	74,295	6,754
	Nobleton/King Township	1	19,487	19,487
	Oakville	20	165,613	8,281
	Richmond Hill	24	162,704	6,779
	Stouffville	1	24,390	24,390
	Toronto, Downsview	2		
	Toronto, Etobicoke	11		
	Toronto, North York	14		
	Toronto, Scarborough	11		
	Toronto, Toronto	303		
	Toronto, Willowdale	1		
	Total Toronto (CMA)	342	5,113,149	14,951
	Vaughan, Kleinberg	2		
	Vaughan, Maple	2		
	Vaughan, Vaughan	2		
	Vaughan, Woodbridge	12		
	Total Vaughan	18	238,866	13,270

North	Atikokan	1	3,293	3,293
	Alliston	1	27,701	27,701
	Barrie (CMA)	16	177,061	11,066
	Madawaska Valley (Barry's Bay)	1	4,381	4,381
	Bracebridge	1	15,652	15,652
	Burk's Falls	1	893	893
	Caledon, Bolton	3		
	Caledon, Erin/Caledon	2		
	Total Caledon	5	57,050	11,410
	Collingwood (CA)	5	17,290	3,458
	Gravenhurst	1	11,046	11,046
	Holland Landing	2	21,069	10,535
	Huntsville	3	18,280	6,093
	Kawartha Lakes, Bobcaygeon	1		
	Kawartha Lakes, Lindsay	1		
	Total Kawartha Lakes	2	74,561	37,281
	Kincardine	1	11,173	11,173

Area	Community	No. of NDs	Population	Pop'n/ND
	Midhurst	1	17,456	17,456
	Wilmot (New Hamburg)	2	17,097	8,549
	North Bay (CA)	4	63,424	15,856
	Orangeville	3	26,925	12,308
	Oro-Medonte (Oro Station)	1	20,031	20,031
	Owen Sound (CA)	3	32,259	10,843
	Palmerston (Minto)	2	8,504	4,252
	Parry Sound	2	40,918	20,459
	Penetanguishene	1	9,354	9,354
	Port Elgin (Saugeen Shores)	2	11,720	5,860
	Sarnia (CA)	2	88,793	44,397
	Sault Ste. Marie (CA)	6	80,098	40,049
	Southampton	1	11,720	11,720
	Sudbury, Sudbury	6		
	Sudbury, Hanmer	1		
	Total Greater Sudbury	7	157,857	22,551
	Thunder Bay (CMA)	3	122,907	40,969
	Timmins (CA)	2	42,997	21,499
	Uxbridge	2	19,169	9,585
	Wasaga Beach	1	15,029	15,029
	Mount Forest (Wellington North)	1	11,175	11,175

West	Ayr	1	9,063	9,063
	Baden	1	17,097	17,097
	Belle River (Lakeshore)	1	33,245	33,245
	Brantford (CMA)	5	124,607	24,921
	Burlington	17	164,415	9,672
	Caledonia	1	45,212	45,212
	Cambridge	9	120,371	13,375
	Exeter (South Huron)	1	9,982	9,982
	Fonthill (Pelham)	2	16,155	8,078
	Fort Erie	1	29,925	29,925
	Goderich	1	7,563	7,563
	Grimsby	2	23,937	11,969
	Guelph (CMA)	17	127,009	7,471
	Halton Hills, Churchill	1		
	Halton Hills, Georgetown	4		
	Halton Hills, Limehouse	1		
	Total Halton Hills	6	55,289	9,215
	Hamilton, Ancaster	6		
	Hamilton, Binbrook	1		
	Hamilton, Dundas	4		

Area	Community	No. of NDs	Population	Pop'n/ND
	Hamilton, Hamilton	11		
	Hamilton, Stoney Creek	2		
	Hamilton, Waterdown	3		
	Total Hamilton (CMA)	27	692,911	25,663
	Kitchener (CMA)	19	451,235	23,749
	Leamington (CA)	1	49,741	49,741
	London (CMA)	16	457,720	28,608
	Lucknow	1	6,515	6,515
	Milton	12	53,939	4,495
	Mitchell	1	8,839	8,839
	Niagara Falls	4	82,184	20,546
	Niagara-on-the-Lake	1	14,587	14,587
	Port Dover (Norfolk County)	1	62,563	62,563
	Scotland (Brant)	1	34,415	34,415
	Simcoe (Springwater)	1	17,456	17,456
	St Agatha (Wilmot Township)	1	17,097	17,097
	St. Catharines	9	131,989	14,665
	St. Thomas	2	36,110	18,055
	Stratford (CA)	3	30,461	10,154
	Tillsonburg (CA)	2	14,822	7,411
	Waterloo	18	97,475	5,415
	Welland	2	50,331	25,166
	Wellesley, Wellesley	2		
	Wellesley, Heidelberg	1		
	Total Wellesley	3	9,789	3,263
	Windsor	12		
	Windsor (Tecumseh)	2		
	Total Windsor (CMA)	14	323,342	23,096
	Woodstock (CA)	2	35,482	17,741
	Woolwich, Elmira	1		
	Woolwich, St. Jacobs	1		
	Total Woolwich	2	19,658	9,829
Provincial Total:		909	12,160,282	13,261

PROFESSIONAL ASSOCIATION

Ontario Association of Naturopathic Doctors (OAND)

Dr. Shelley Burns, ND, Chair
Alison Dantas, CEO
789 Don Mills Rd, Ste. 603
Toronto, ON M3C 1T5
t. 416-233-2001 f. 416-233-2924
Toll-free 1-877-628-7284
info@oand.org www.oand.org

Membership Dues

- Full time practitioner \$1167.00 including GST
- 2nd year/part time practitioner \$525.00 including GST
- 1st year practitioner \$264.00 including GST
- Active part-time \$864.00 including GST
- Associate/Retired member \$339.00 including GST
- The OAND also offers student and corporate memberships.

Publications

The PULSE is a quarterly newsletter for members, which provides updates on provincial news, programs, services and events. It contains articles about recent research, new therapies and websites of interest to NDs.

Continuing Education

The OAND hosts continuing education events on a regular basis. These events include:

- OAND Annual Spring Conference and Annual General Meeting. The conference offers a different clinical focus each year. Recent conference themes include Oncology (2007), Endocrinology (2006), Immunology (2005), and Neurology (2004).
- OAND Annual Convention, is a full-scale convention with plenary and breakout presentations and trade show, and the largest annual naturopathic event in Canada
- Annual Business Symposium
- Bi-annual Parenteral Therapy Certification, Emergency Skills and Continuing Education courses.
- Environmental Medicine Certificate Course
- Mind-Body Medicine Certificate Course

REGULATORY BODY

Board of Directors of Drugless Therapy - Naturopathy (BDDT-N)

Dr. Patricia Rennie, ND, Chair

Dr. Angela Moore, ND, Executive Director

Bridie O'Connell, Executive Administrator

112 Adelaide St. E., Toronto, ON M5C 1K9

t. 416-866-8383 f. 416-866-2175

office@BDDTN.on.ca www.BoardofNaturopathicMedicine.on.ca

Exams

Candidates must successfully complete NPLEX Clinical Sciences examinations, including the acupuncture elective. Candidates must also pass the Ontario Board examinations, consisting of the written jurisprudence exam and practical exams in acupuncture, manipulation and instrumentation.

Qualifications

Qualifying ND candidates must have graduated from a CNME-approved school of naturopathic medicine and must have successfully completed the NPLEX and Ontario Board exams. A police clearance check and proof of malpractice insurance is also required with the application.

Fees

The annual registration fee for Ontario NDs in the Active category is \$900.00. The annual fee for Inactive registrants (NDs who are not practicing in Ontario) is \$250.00. The initial registration fee is pro-rated for new registrants who register after March.

Continuing Education requirements

All NDs registered as Active are required to obtain a minimum of 30 Continuing Education credits within each two year cycle that corresponds to the annual registration renewal date of February 28th. These 30 credits must consist of a minimum of two credits each in Pharmacology and Jurisprudence, as well as two credits in each of three of the main naturopathic modalities. A first-year registrant whose initial registration falls after March 1st would begin their first two-year C.E. cycle in March of the following year.

ADDITIONAL PROVINCIAL INFORMATION

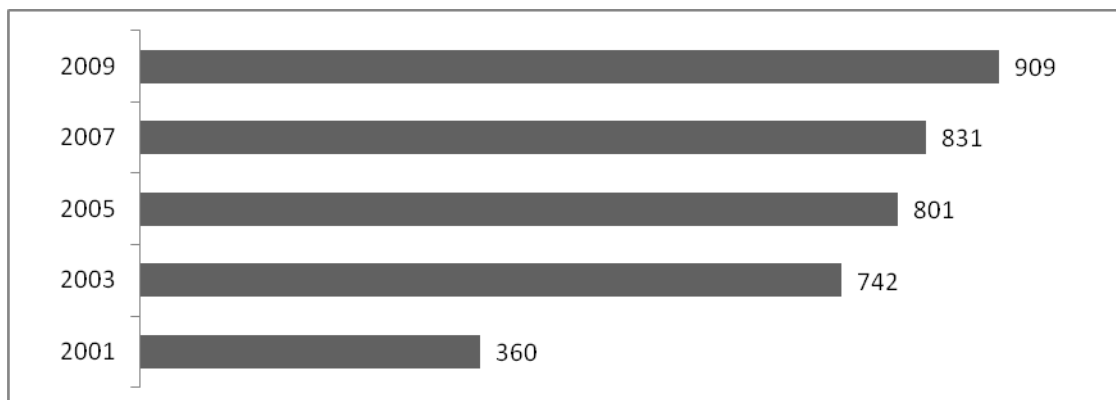
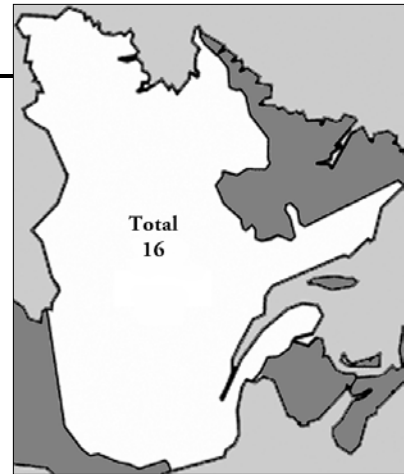


Figure 9: Comparison of the number of naturopathic doctors in Ontario, 2001 to 2009.

QUEBEC



PRACTICE LOCATIONS AND POPULATIONS

There are currently 16 qualified NDs in Quebec.

Community	No. of NDs	Population	Population/ND
Chelsea	1	6,705	6,705
Montreal (CA)	11	1,620,693	174,366
Ste-Anne-de-Bellevue	2	5,197	2,599
Sutton	1	3,805	3,805
Wakefield	1	7,475	7,475
Provincial Total:	16	7,546,131	471,633

PROVINCIAL ASSOCIATION

Quebec Association of Naturopathic Medicine (QANM)

Dr. Andre Saine, ND, Chair

Dr. Stephanie Ogura, ND, Vice Chair

Dr. Melanie Kusznireckyj ND, Co-Vice-Chair

1173 boul. du Mont-Royal O.

Outremont, QC H2V 2H6

t. 514-279-6629 ext 223

f. 514-279-0111

www.qanm.org

Annual Membership Fees

- ND Practitioner \$200.00
- 1st yr ND or part-time practitioner: \$100.00
- ND Practitioner outside of QC: \$25.00
- ND Student: \$25.00

Requirements for Practice in Quebec

Graduation from a CNME-accredited school and successful completion of NPLEX.

Continuing Education

N/A

REGULATORY STATUS

Not currently regulated. The QANM has been in communication with the government and the *Office des professions du Québec*.

ADDITIONAL PROVINCIAL INFORMATION

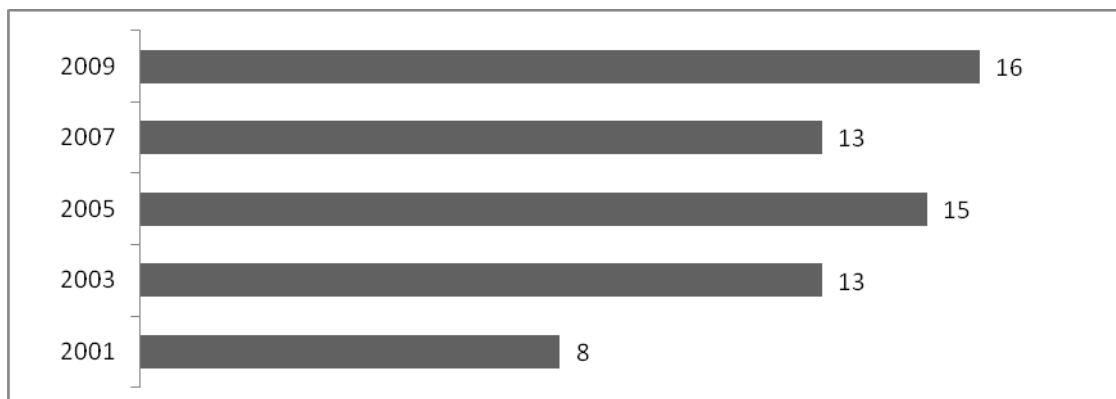
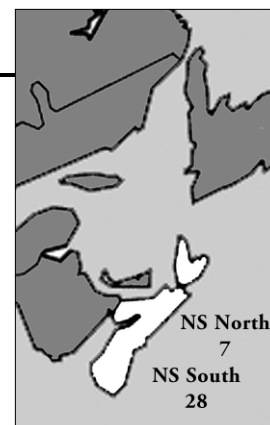


Figure 10: Comparison of the number of naturopathic doctors in Quebec, 2001 to 2009.

NOVA SCOTIA



PRACTICE LOCATIONS AND POPULATIONS

There are currently 35 qualified NDs in Nova Scotia.

Area	Community	No. of NDs	Population	Population/ND
North	Antigonish	3	4,236	1,412
	Cape Breton, Sydney	1		
	Cape Breton, Sydney River	1		
	Total Cape Breton (CA)	2	105,298	52,649
	Pictou	1	3,813	3,813
	Truro (CA)	1	45,077	45,077
South	Berwick	3	2,454	818
	Halifax, Bedford	4		
	Halifax, Dartmouth	3		
	Halifax, Halifax	12		
	Halifax, Lower Sackville	1		
	Total Halifax (CA)	20	372,858	18,643
	Kentville (CA)	1	25,969	25,969
	New Minas (Kings county)	1	8,121	8,121
	Stellarton	1	4,717	4,717
	Elmsdale	1	21,387	21,387
	Wolfville	1	3,772	3,772
Provincial Total:		35	913,462	16,026

PROVINCIAL ASSOCIATION

Nova Scotia Association of Naturopathic Doctors (NSAND)

Dr. Glenna Morris, ND and Dr. Rosalyn Hayman, ND, Co-Presidents

3514 Joseph Howe Dr., Suite 16

Halifax, NS B3L 4H7

t. 902-431-8001

www.nsand.ca

Membership Dues

All membership levels: \$550.00 plus HST

Membership in the NSAND requires the following:

- Member has passed all NPLEX exams
- Member maintains CAND membership
- Member maintains malpractice insurance
- Member fulfills CE hours

REGULATORY STATUS

Naturopathic medicine is not currently regulated in Nova Scotia.

ADDITIONAL PROVINCIAL INFORMATION

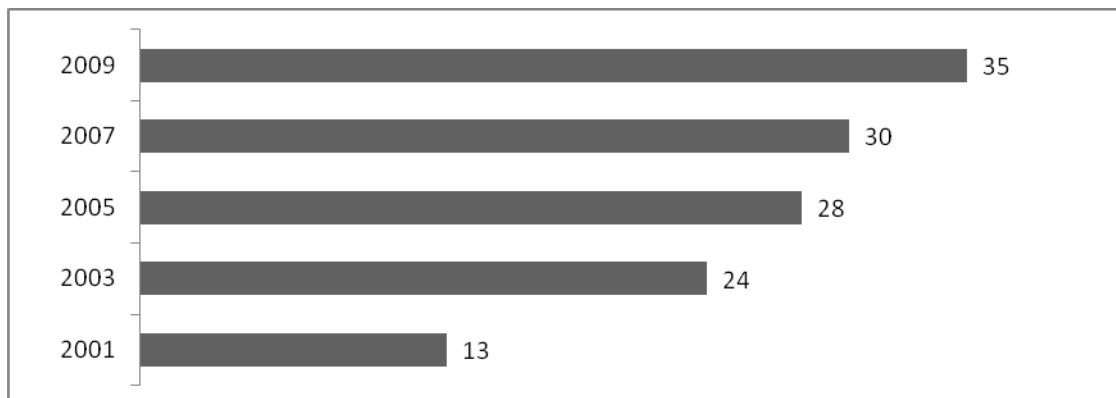
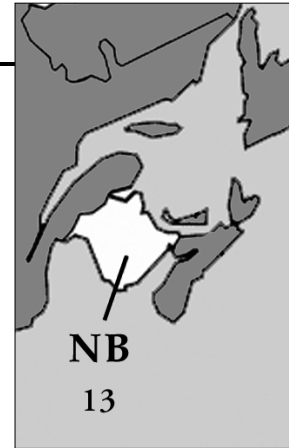


Figure 11: Comparison of the number of naturopathic doctors in Nova Scotia, 2001 to 2009.

NEW BRUNSWICK



PRACTICE LOCATIONS AND POPULATIONS

There are currently 13 qualified NDs in New Brunswick.

Community	No. of NDs	Population	Population/ND
Bouctouche	1	2,383	2,383
Dieppe	2	18,565	9,283
Fredericton (CA)	4	85,688	21,422
Miramichi (CA)	1	24,737	24,737
Moncton (CMA)	2	126,424	63,212
Rochesay	1	11,637	11,637
Saint John (CMA)	2	122,389	61,195
Provincial Total:	13	729,997	56,154

PROVINCIAL ASSOCIATION

New Brunswick Association of Naturopathic Doctors (NBAND)

Dr. Judah Bunin, BScH, MSc, ND, DrAc, President

Fredericton Clinic of Naturopathic Medicine

150 Cliff St., Unit 10

Fredericton, NB E3A 0A1

t. 506-450-9440

f. 506-455-4417

naturedocs2001@yahoo.ca www.naturedocs.ca

Correspondence may be directed to:

Dr. Crystal Charest, ND

2278 King George Hwy

Miramichi, NB E1V 6N6

t. 506-773-3700

f. 506-773-3704

crystalcharest@hotmail.com

Membership Dues

Members \$500

First Year Practitioner \$250

Associated Practitioner \$100

Membership Requirements

Members must also join the CAND and be registered with a licensing board within a regulated province. Only NBAND members are eligible to have their services reimbursed as naturopathic doctors by Blue Cross Health Insurance in NB.

REGULATORY STATUS

Naturopathic medicine is not currently regulated in New Brunswick.

ADDITIONAL PROVINCIAL INFORMATION

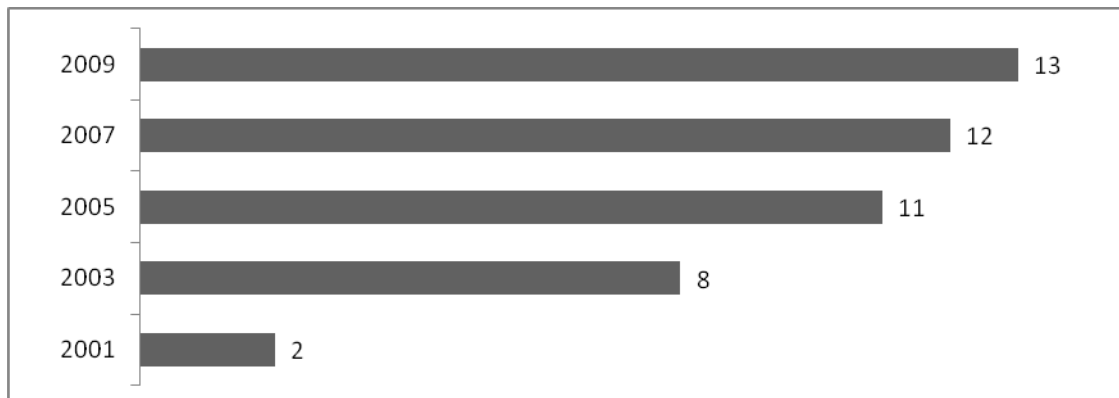
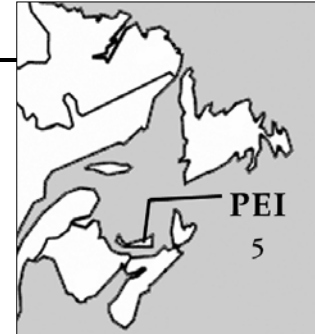


Figure 12: Comparison of the number of naturopathic doctors in New Brunswick, 2001 to 2009.

PRINCE EDWARD ISLAND



PRACTICE LOCATIONS AND POPULATIONS

There are currently 5 qualified NDs in PEI.

Community	No. of NDs	Population	Population/ND
Charlottetown	5	58,625	11,725
Provincial Total:	5	138,851	27,770

PROVINCIAL ASSOCIATION

Prince Edward Island Association of Naturopathic Doctors (PEIAND)

Dr. Gretchen Maclean, ND, Co-President

Dr. Lana McMurrer, ND, Co-President, Government Relations, CAND Liaison

Dr. Tracey Pollard, ND, Secretary/Treasurer

Dr. Kali Simmonds, ND, Government Relations

Dr. Susan Plourde, ND, Member

34 Queen St., 2nd Floor

Charlottetown, PEI C1A 4A3

t. 902-894-3868

f. 902-894-4054

info@peiand.com www.peiand.com

Membership Dues and Requirements

Professional: \$100 per year

Public (non NDs): \$30 per year

All PEIAND ND members must be CAND members

REGULATORY STATUS

Naturopathic medicine is not currently regulated in Prince Edward Island. At the time of publication, a meeting with the Health Minister to discuss regulation was scheduled for mid-2010.

ADDITIONAL PROVINCIAL INFORMATION

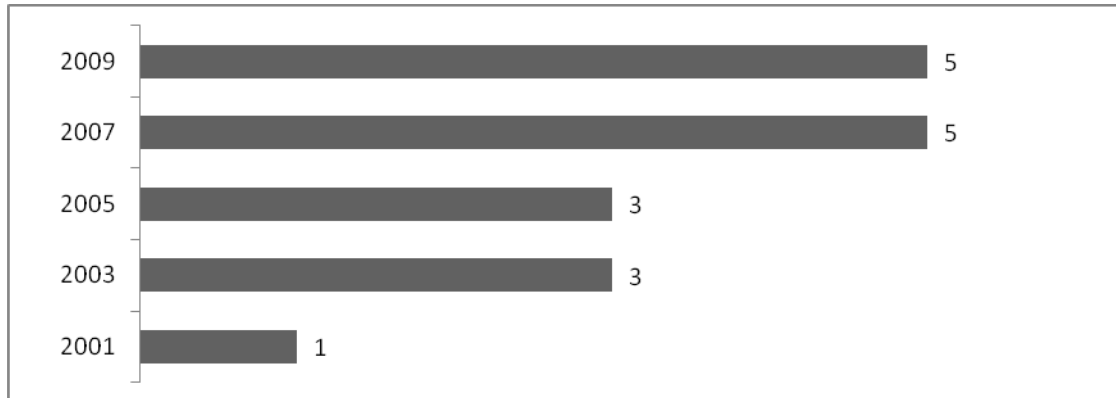
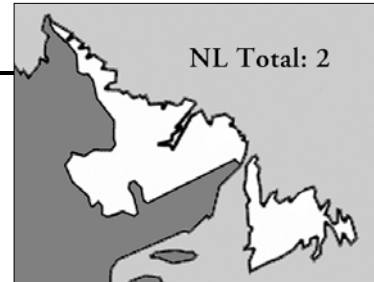


Figure 13: Comparison of the number of naturopathic doctors in Prince Edward Island, 2001 to 2009.

NEWFOUNDLAND AND LABRADOR



PRACTICE LOCATIONS AND POPULATIONS

There are currently 2 qualified NDs in Newfoundland and Labrador.

Community	No. of NDs	Population	Population/ND
St. Johns	2	181,113	90,557
Provincial Total:	2	505,469	252,735

PROVINCIAL ASSOCIATION

Newfoundland and Labrador Association of Naturopathic Doctors (NLAND)

Dr. Kathleen Mercer, BSc, ND, Chair
 25 Allandale Rd.
 St. John's, NL A1B 2Z6
 t. 709-722-4232

Annual Membership Dues

\$200.00 plus HST

Member activities

Naturopathic doctors Kathleen Mercer and Tanya O'Brien are in the process of formalizing NLAND. They are aiming to create a formal mandate and add to NLAND's membership with out of province members by 2011. Currently NLAND requires its members to hold a license through another regulated province.

REGULATORY STATUS

Naturopathic medicine is not currently regulated in Newfoundland and Labrador.

ADDITIONAL PROVINCIAL INFORMATION

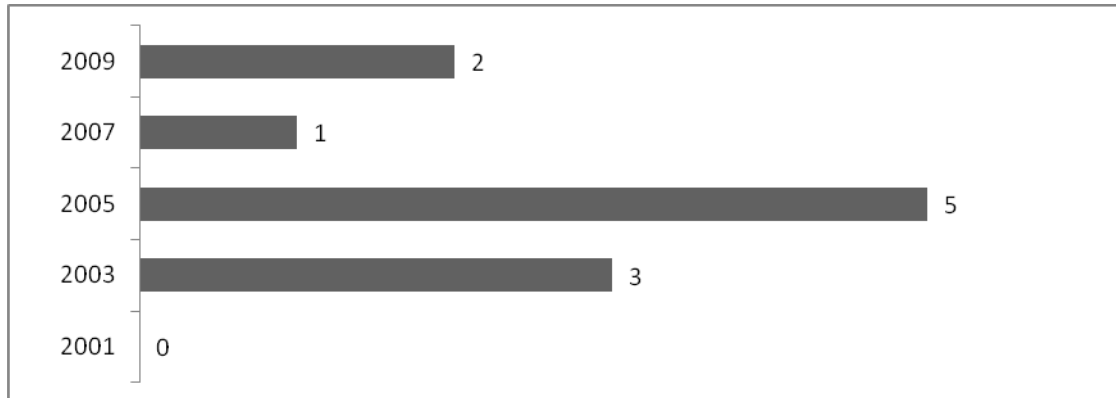


Figure 14: Comparison of the number of naturopathic doctors in Newfoundland and Labrador, 2001 to 2009.

YUKON, NORTHWEST TERRITORIES AND NUNAVUT



PRACTICE LOCATIONS AND POPULATIONS

There are currently 6 qualified NDs in the Yukon and Northwest Territories.

Community	No. of NDs	Population	Population/ND
Yukon – Whitehorse (CA)	4	22,905	5,726
Total Yukon	4	30,372	7,593
Yellowknife – Northwest Territories	1	18,700	18,700
Fort Simpson – Northwest Territories	1	1,216	1,216
Total Northwest Territories	2	41,464	20,732
Nunavut	0	29,474	29,474

PROVINCIAL ASSOCIATION (YUKON)

Yukon Naturopathic Association

Dr. Gordon Smith, ND, President

Dr. Martina Knopp, ND, Vice-President

Dr. Janice Millington, ND, Secretary and Treasurer

303-B Hawkins St.

Whitehorse, YT Y1A 1X5

t. 867-456-4151

janice@northwestel.net

Membership Dues

Full-time, part-time, associate/inactive, other: \$50.00

Qualifications for Membership

Graduation from CNME-accredited school and successful completion of NPLEX exams, or maintains license in a regulated province.

There are no professional naturopathic associations in the Northwest Territories or Nunavut.

REGULATORY STATUS

Naturopathic medicine is not currently regulated in the Yukon, Nunavut or NWT.

ADDITIONAL PROVINCIAL INFORMATION

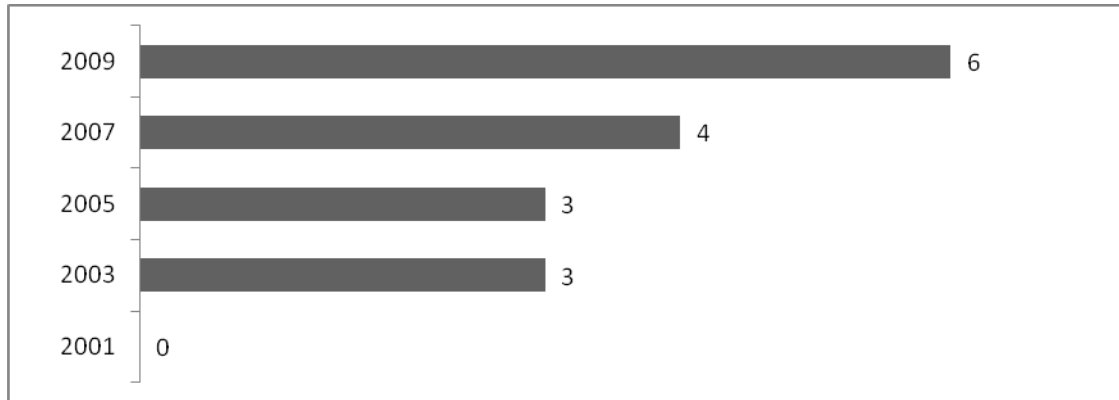


Figure 15: Comparison of the number of naturopathic doctors in the Yukon and Northwest Territories, 2001 to 2009.

APPENDIX A: GUIDE TO THE ETHICAL CONDUCT OF NATUROPATHIC DOCTORS

Developed and distributed by the Canadian Association of Naturopathic Doctors, May 1994

Primary Purpose

The Naturopathic Physician's primary purpose is to prevent disease, to promote health, and to restore, maintain and optimize health and wellbeing through individualized patient care and public education.

Principles of Naturopathic Medicine

The Naturopathic Physician will practice the art, science and spirit of the profession to the best of his/her ability and judgment following these principles of naturopathic medicine.

The Naturopathic Physician:

1. Shall endeavor to first, do no harm; to provide the most effective health care available with the least risk to his/her patients at all times (*Primum Non Nocere*).
2. Shall recognize, respect and promote the self-healing power of nature inherent in each individual human being. (*Vis Medicatrix Naturae*).
3. Shall strive to identify and remove the causes of illness, rather than to eliminate or suppress symptoms (*Tolle Causam*).
4. Shall educate his/her patients, inspire rational hope and encourage self-responsibility for health (*Doctor as Teacher*).
5. Shall treat each person by considering all individual health factors and influences. (*Treat the Whole Person*).
6. Shall emphasize the condition of health to promote well-being and to prevent diseases for the individual, each community and our world (*Health Promotion, the Best Prevention*)

Responsibilities to the Patient

The Naturopathic Physician:

7. Will practice in a manner that is above reproach and will take neither physical, emotional nor financial advantage of the patient.
8. Shall maintain competence in naturopathic medicine and strive for professional excellence through constant assessment of personal strengths, limitations and effectiveness and by the advancement of professional knowledge.

9. Will recognize his/her professional limitations and when indicated recommend to the patient that additional opinions and/or services be obtained.
10. Will agree that a patient has the right to accept or reject any health care recommended.
11. Shall safeguard a patient's right to privacy and only disclose confidential information when either authorized by the patient or mandated to do so by law.
12. Will ensure, when acting on behalf of a third party, that the patient understands the naturopathic physician's legal responsibilities to the third party before proceeding with the examination.
13. Will recommend only diagnostic procedures and treatment that is believed necessary for the well-being of the patient. The naturopathic physician will exchange such information concerning these findings that is necessary for the patient to reach a decision.
14. Will, upon a patient's request, supply the information that is required to enable a patient to receive any benefits to which the patient may be entitled.
15. Will be considerate of the anxiety of the patient's next-of-kin and cooperate with them in the patient's interest.
16. Will recognize the responsibility of a naturopathic physician to render care to any person regardless of colour, religion, sexual orientation or political belief.
17. Shall, except in an emergency or as required by law, have the right to refuse to accept a patient.
18. Will render all possible assistance to any patient where an urgent need for naturopathic care exists.
19. Will, when the patient is unable to give consent and an agent of the patient is not available to give consent, render such therapy as the naturopathic physician believes to be in the patient's best interest.
20. Will, if absent, ensure the availability of care to his/her patients if possible.
21. Will, once having accepted a patient, continue to provide services until they are no longer required or until arrangements have been made for the services of another suitable practitioner.
22. May withdraw from the responsibility for the care of a patient provided that the patient is given adequate notice of that intention.
23. Will inform the patient when personal morality or religious conscience prevents the naturopathic physician from recommending some forms of therapy.
24. Will ensure, before initiating clinical research involving humans, that proper recognized ethical protocol is followed.

25. Will consider, in determining professional fees both the nature of the service provided and the ability of the patient to pay, and will be prepared to discuss the fee with the patient.

Responsibilities to the Profession

The Naturopathic Physician:

26. Will recognize that the profession demands integrity and dedication from all its members.
27. Will strive to participate in professional activities at the national, provincial and local level in order to advance the standards of care, the body of knowledge and the public awareness of naturopathic medicine.
28. Will recognize that self-discipline of the profession is a privilege and that each practitioner has a continuing responsibility to merit the retention of that privilege.
29. Will behave in a way beyond reproach and will report to the appropriate professional body any conduct of a colleague, which might generally be considered unbecoming to the profession.
30. Will enter into a contract with an organization only if it will allow maintenance of professional integrity.
31. Will only offer to a colleague a contract, which has terms and conditions equitable to both parties.
32. Will recognize a responsibility to give the generally held opinions of the profession when interpreting knowledge of a scientific nature to the public.
33. Will, when professing an opinion, which is contrary to the generally held opinion of the profession, so indicate and will avoid any attempt to enhance his/her own professional reputation.
34. Will build a professional reputation based on ability and integrity and will only advertise professional services or make professional announcements as permitted by legislation or by the provincial naturopathic licensing authority.
35. Will avoid advocacy of any product when identified as a member of the naturopathic medical profession.
36. Will avoid the use of secret remedies.
37. Will request the opinion of an appropriate practitioner acceptable to the patient when diagnosis or treatment is difficult or obscure or when the patient requests it.

38. Will, having requested the opinion of a colleague, make available all relevant information and providing the patient consents indicate clearly if the consultant is to continue with the care of the patient.
39. Will co-operate with those individuals who in the opinion of the naturopathic physician may assist in the care of the patient.
40. Will make available to appropriate practitioners, upon the request of the patient, a report of pertinent findings and treatment of the patient.

Responsibilities to Society

The Naturopathic Physician:

41. Will strive to improve the standards of medical care and promote health and safety for the individual, the public and the global community.
42. Will recognize the responsibility as a witness to assist the court in arriving at a just decision.

APPENDIX B: STANDARDS OF PRACTICE

Developed and distributed by the Canadian Association Of Naturopathic Doctors and
The Board of Directors of Drugless Therapy – Naturopathy.
Province of Ontario, Developed 1989, Revised January 2000.

1.0 – INTRODUCTION

STANDARDS OF PRACTICE are the criteria, which guide the day-to-day actions of naturopathic doctors in the delivery of care and service to the patient and the community. They also serve as the basis for the evaluation of the behaviour of practitioners by disciplinary and judicial functions.

This document provides basic standards for the most predictable circumstances, means for developing standards for specific conditions, methods for applying them in the assessment of the actions of practitioners, ways they can be modified and, finally, the necessity for disseminating them to regulated practitioners.

All standards are derived from the same body of knowledge that practitioners use to provide service. Methods of identifying this body of knowledge in a concise and universally accepted form are described herein.

The objectives of this document are to identify the responsibilities of naturopathic doctors to the public and to establish a means for evaluating their professional actions.

The purpose of this document is to provide a clear, unambiguous and consistent format for the identification, development and implementation of standards of practice that apply to naturopathic doctors in the delivery of direct patient care services and other times where the practitioner is in a position of public trust.

2.0 – BASIC STANDARDS OF PRACTICE

Each naturopathic doctor shall:

1. Have knowledge of and comply with the laws and regulations governing the practice of naturopathic medicine in the jurisdiction of practice.
2. Provide a level of care consistent with each patient's individual condition.
3. Actively consult and/or refer as appropriate to other health professionals when the patient condition so warrants in providing optimal care.

Referral is so warranted when:

- a) A life-threatening situation occurs or is suspected
 - b) The diagnosis or the treatment of a patient or of a specific condition is not within the scope of naturopathic practice
 - c) The diagnosis or treatment of a patient or specific treatment requires expertise or technology that is not available to the naturopathic doctor
 - d) A diagnosis is required but cannot be confirmed with the training and technology that is available to the naturopathic doctor
 - e) Response to treatment is not adequate or the patient's condition deteriorates
 - f) A second opinion is desired
4. Treat each patient with respect and human dignity regardless of the individual's health condition, personal attributes, national origin or handicap and shall not discriminate on the basis of age, sex, race, religion, economic or social status, or sexual preferences in the rendering of naturopathic medical services.
 5. Respect the patient's right to privacy by protecting all confidential information.
 6. Deal honestly with all patients, colleagues, public institutions and legal bodies, and refrain from giving any false, incomplete or misleading information.
 7. Report any health care provider whose character or competence are deficient or who is grossly negligent or reckless.
 8. Maintain clear and adequate patient care and billing records for at least seven (7) years after the last visit by the patient.
 9. Formulate an assessment/diagnosis to a level consistent with the patient based on knowledge, training, and expertise of the naturopathic doctor and the technology and tools available to the profession.
 10. Communicate the appropriate assessment to the patient and only communicate a diagnosis to the patient, which has been conclusively determined using the training and tools available to the naturopathic profession.
 11. Advise the patient regarding significant side effects from the treatment plan.
 12. Monitor each patient at a level consistent with the degree of management being exercised.

-
13. Refrain from providing primary care management for any patient where the relationship with the patient (such as family member, close personal friend) would serve to interfere with the doctor's objective judgment.

3.0 – CASE SPECIFIC STANDARDS “GENERAL CONSIDERATIONS”

It is recognized that the basic standards cannot anticipate every potential situation faced by a practitioner, nor predict the changes in technology and knowledge with time. This section is a guide for the development of standards of practice for a particular incident or presentation.

1. Identify the scope of the doctor, i.e. primary care management, co-treatment, consulting treatment, expert testimony, etc.
2. Identify the scope of the problem i.e. the complaint, the specific naturopathic medical area of concern, (e.g. manual manipulation, allergy, diagnostic radiology, etc.) and all other pertinent data such as history, diagnosis, other diagnostic data, etc.
3. Identify the body of knowledge to be used in assessing the problem in accordance with the following criteria:
 - a) Clearly and concisely cover the problem. While it is rare to find a particular situation specifically addressed in the literature, the entirety of the problem must be dealt with in such a manner that all conclusions reached are clearly and concisely drawn from a body of information that is applicable to the problem with no possibility of an incorrect conclusion being drawn by material out of context.
 - b) Universally accepted by the naturopathic profession. The information used must be from sources accessible and generally accepted by the profession. Such sources include textbooks, journals, information taught in naturopathic colleges and recognized experts in the naturopathic community or in the specialty in question. As with all health care professions, reliable expert data and testimony from sources outside of the naturopathic community is acceptable.
 - c) Verify in writing when testimony from experts or consultants is used and by specific citation with literature.
4. Basis for a decision. Each decision shall be based on the following:
 - a) Protection of the public and the public interest. This includes risk of physical or mental harm, misrepresentation to the public, billing or costs not consistent with fair and accepted practices, full disclosure of treatment and its effects, appropriateness of referral, etc.
 - b) Compliance with applicable law.

4.0 – CASE SPECIFIC STANDARDS TO BE APPLIED BY THE NATUROPATHIC DOCTOR TO EACH PATIENT

1. Identify the naturopathic doctor's role for this specific case.
2. Identify the extent of the patient's problem:
 - a) Obtain a relevant and complete case history to the need of the specific case and presentation.
 - b) Perform a relevant and complete physical examination.
 - c) Obtain or perform relevant and approved screening or diagnostic tests.
 - d) Collect and evaluate all data.
 - e) Make appropriate referral if indicated at this point to the need of the specific case.
 - f) Make appropriate communications with other involved health professionals.
3. Formulate a relevant assessment and/or diagnosis where possible, based on the history, examination findings, data collected, training and expertise of the naturopathic doctor and the legal scope of practice of the profession.
4. Communicate the assessment or diagnosis to the patient.
5. Formulate a plan of treatment for the patient based on the best interests of the patient's welfare, need for and appropriateness of referral, accepted practices and naturopathic body of knowledge.
6. Implement the plan of treatment with informed consent.
7. Amend the plan of treatment as appropriate and implement with informed consent.

5.0 – APPLICATION OF STANDARDS OF PRACTICE

Standards of practice must be evaluated in every case to be certain that they are appropriate and complete. The Board or judicial function must also ensure that the standards being used are chronologically consistent with the case being evaluated, since technology procedures and treatment protocols can change rapidly.

6.0 – MODIFICATION OF STANDARDS OF PRACTICE

As noted, standards of practice are designed to be modified to suit the conditions of the case and the current state of the art of naturopathic medicine. Each time such a change is made, the reasons for the change must be documented in the same manner used for the development of new standards, for the purpose of allowing a transparent record for appeal as well as ensuring clear precedent for ensuing cases. Changes will be distributed to all other jurisdictions by the Board of Directors of Drugless Therapy - Naturopathy as they are received.

7.0 – PUBLICATION AND DISTRIBUTION OF STANDARDS OF PRACTICE

The standards of practice and case-specific standards of practice shall be distributed to all registrants in a timely manner. Care shall be taken with the case specific standards to protect the privacy of all involved in their development.

8.0 – DEFINITIONS

Body of Knowledge: The clear, concise information, generally accepted by the naturopathic profession, from which standards of practice are derived.

Co-Treatment: Treatment of a patient in concert with the doctor providing primary care management of the patient.

Consulting Treatment: Providing a second opinion or ancillary care for a patient whose primary care management is being provided by another doctor.

Disciplinary Authority: Any Licensing Board, Disciplinary Board or other governmental function having jurisdiction over the practitioner and acts being investigated.

Judicial Function: Any court or other judicial forum with legal jurisdiction over the practitioner and acts being investigated.

Primary Care Management: Provision of a patient's overall health care management including the monitoring of all treatments in progress with other providers as appropriate.

APPENDIX C: FEE SCHEDULE FOR NATUROPATHIC DOCTORS

The fee schedule recommended by the Canadian Association of Naturopathic Doctors is based on an hourly rate of \$125 to \$180.

Because of differences in billing practices in different provinces, a visit fee may be billed as one all-inclusive fee or may consist of separately listed fees for the consultation, physical exam, allergy or other tests, and a treatment modality. Variations in fees will occur dependent on the provincial billing practices (all-inclusive or separated services), location of the practice (practice costs vary considerably across the country and from rural to urban locations), specific services provided (length of visit and staff required), and the ND's level of expertise and practice focus.

The following therapies are all within the scope of practice of naturopathic medicine and are included under the Canadian Association of Naturopathic Doctors' group malpractice insurance. These terms may be seen on insurance claims to describe the specific naturopathic services provided.

Major therapies/Specific treatments

- Botanical Medicine
- Oral Supplementation (nutritional, botanical, homeopathic)
- Clinical Nutrition
- Homeopathy
- Parenteral Therapies
- Physical Medicine
- Injectables (vitamin, mineral, homeopathic, botanicals)
- Traditional Chinese Medicine (botanical, acupuncture)
- Chelation IV
- Prevention and Lifestyle Counselling
- Hydrotherapy
- Soft tissue and joint manipulation
- UV/Ultrasound/Physical Therapeutics

Assessment Procedures

- Colonic Therapy
- Laboratory evaluation of blood, urine, saliva, hair, stool
- Oxidative Therapies (ozone, hydrogen peroxide)
- Darkfield Microscopy
- Bowen Technique
- Vega/EVA/Electro-Diagnosis
- Endocranial Therapy

Recommended Fee Guide for the Professional Services of Naturopathic Doctors

Based on an hourly rate of \$125 - \$180

Service	Fee	Time
Initial Visit Any condition seen for the first time requiring physical examination, laboratory study, specific assessment procedures, etc.	\$125 - 240	1–1.5 hours
Subsequent Visit Regular or comprehensive treatment/partial evaluation/progress assessment	\$45 - 180	20-60 min
Short Consultation Brief office visit	\$25 - 50	10-15 min
Long Consultation Reassessment/new condition	\$65 - 180	30-60 min
Home Consultation	\$100 - 180	45-60 min + travel time
Phone Consultation	\$15 - 65	5-20 min
Emergency/Out of Hours Visits	\$65 - 150	20-45 min
Forms (Insurance, etc.) Simple printed forms Comprehensive (includes review of records) School/Camp Exam Certificate	\$15 - 25 \$35 - 60 \$15	
Comprehensive Reports Medical/legal reports	\$100-150 per page	
Medical Advice by Letter Short Report Extensive Report	\$60-75 \$250-300	
Laboratory Evaluations	Cost based on individual test fees	
Nutritional Supplements, Botanical and Homeopathic Preparations	Cost based on individual prescription	

APPENDIX D: POSITION PAPERS AND NATUROPATHIC GUIDES

The CAND's Policy Committee produces position papers and naturopathic guides to provide guidance and encourage debate and interest in issues of ethical concern affecting the profession. Published papers available to members include:

- Avian Flu
- Bisphenol A patient handout
- Botanical Medicines and drug interactions
- Childhood Vaccinations and Immunity
- Flu Vaccines
- Guide to the Ethical Conduct of Naturopathic Physicians
- H1N1 Virus
- Listeriosis
- Standards of Practice
- SARS
- West Nile Virus
- Naturopathic Analysis: "Effect of B Vitamin Therapy On Progression of Diabetic Nephropathy"

